

Recreation Guide

Unifying and strengthening our community.

Opportunity volunteers here.

Winter/Spring 2024



In Antioch, our mission is to deliver quality services with integrity, excellence, and innovation.

CITY OF
ANTIOCH
CALIFORNIA

FOLLOW US ON SOCIAL MEDIA:



antiochrecreation



antiochrec_ca

January-May | Registration begins: December 11, 2023

“Faith is taking the first step even when you don’t see the whole staircase.”

—Dr. Martin Luther King, Jr.



MLK DAY OF SERVICE

SAVE THE DATE

**Monday,
January 15th, 2024**

Let’s work together building a stronger Antioch!

In collaboration with Antioch Unified School District, choose one of the following ways to perform an act of service:

**Senior Center “Day of Engagement”
#10873**

**Local school art project
#10892**

For more details, please visit
antioch.gov/mlk-day

CITY OF

ANTIOCH
CALIFORNIA



“a day on, not a day off,”
encouraging all Americans to volunteer to improve their communities



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upcoming
SPECIAL EVENTS

scan here

**WANT MORE CONTENT?
FOLLOW US ON FACEBOOK
AND Instagram FOR MORE!**

Class Fees:

R = Resident NR = Non-Resident

Class Locations:

- Antioch Community Center**
4703 Lone Tree Way
- Antioch Community Park**
801 James Donlon Boulevard
- Antioch Marina**
5 Marina Plaza
- Antioch Senior Center**
415 W. 2nd Street
- Antioch Water Park**
4701 Lone Tree Way
- Chichibu Park**
G Street & Acorn Drive
- City Park**
Corner of 10th and A Streets
- Diablo West Park**
2000 Prewett Ranch Drive
- Prosserville Park**
W. 6th Street & M Street

Information on Disabilities

The City of Antioch Recreation Department encourages individuals of all abilities to participate in the offerings in this brochure. To aid in these programs, we request two weeks advance notice prior to the first class. We are committed to accommodating programs to meet individual needs. For further information, call 776-3050.

FOLLOW US ON SOCIAL MEDIA:



Instructor Highlight

Lynda Green

Lynda Green, an instructor of dance and tumbling for the Recreation Department, has been dancing since she was two years old.

Her first job with the city was teaching at the Nick Rodriguez Community Center when she was just 14. To say dancing was in her blood would be an understatement.

The 1992 graduate of Antioch High School has since moved on to run Be Exceptional (BeExceptionalprograms.com), a non-profit program with classes for all ages and all abilities, with an emphasis on students with special needs. For 15 years she has been providing these students with classes six days a week that help these students socialize with new friends and experience new things.

The classes featured include acting, dance, cheerleading, fitness and skateboarding. The Elite Dance and Event Center is located at 314 G St. in Antioch.

Aside from the Be Exceptional program, Lynda teaches dance and tumbling at the Antioch Community Center on Friday and Saturday mornings. She also coaches Special Olympics basketball and swimming and teaches enrichment classes at different local schools and community centers.

—Written by: Dan Wall



CITY OF ANTIOCH CALIFORNIA OPPORTUNITY LIVES HERE

CITY COUNCIL

Lamar Thorpe, Mayor

Tamisha Torres-Walker, Mayor Pro Tem

Mike Barbanica Lori Ogorchock Monica E. Wilson

PARKS & RECREATION COMMISSION

Dominique King, Chair

Jacob Pedrotti, Vice Chair

Dorothy Ellis Lesley Eubanks

Mariah Williams Deirdre Peckenham

Commission meetings are open to the public and held on the third Thursday of the month.

RECREATION DEPARTMENT

Brad Helfenberger, Parks & Recreation Director

Shahad Wright, Recreation Supervisor

La’Nae Jackson, Programs Coordinator

Emily Reinard, Administrative Analyst

Karen Alsaker, Administrative Assistant

Stephanie Simmons, Facility Coordinator

ANTIOCH WATER PARK

Bree Pires, Recreation Supervisor

Liz Vargas, Programs Coordinator

Dustin Daroy, Aquatics Maintenance Worker

ANTIOCH SENIOR CENTER NICK RODRIGUEZ COMMUNITY CENTER

Jun Gandia, Recreation Supervisor

Frida Ortiz, Programs Coordinator

ANTIOCH MARINA PARK/FACILITY MAINTENANCE

Derek Traya, Operations Supervisor

Antioch Recreation is looking for new contract class instructors. We provide wellness opportunities for all ages, with a focus on lifelong learning and fostering a healthy mind, body, and soul. For more information, please visit Recreation Department—City of Antioch, California (antiochca.gov) and look under join our team.

Join
Our
Team

City of Antioch Recreation Offices will be closed for the following holidays:

Monday, 1/1—New Year’s Day

Monday, 1/15—Martin Luther King Jr. Day

Monday, 2/12—Lincoln’s Birthday

Monday, 2/19—President’s Day

Monday, 5/27—Memorial Day

COYOTE HILLS WINTER WONDERLAND CAMP

AGES 5-12

Embark on a cool journey through the Winter Wonderland Day Camp! Enjoy a Pajama Jam, play goofy games, and create fun wintery crafts! We will warm-up with Hot Cocoa Bar creations and enjoy cookie decorating with old and new friends.



JANUARY SESSION

Antioch Community Center • Instructor: Recreation Staff
Tuesday-Friday

#10659	1/2-1/5	9:00AM-4:00PM	\$185R/\$204NR
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EXTENDED CARE PACKAGE:

Early drop off & later pick up
Tuesday-Friday

#10660	1/2-1/5	7:30-9AM & 4-6PM	\$40R/\$50NR
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COYOTE HILLS SPRING BREAK CAMP

AGES 5-12

Have spring fever? Join us for this 5-day adventure where it's time to play! Our spring break camp is a great way to keep your child engaged and entertained during the school break. We do it all: fun games, arts and crafts, sports, performing arts and cupcake decorating while meeting new friends and making wonderful memories.

MARCH SESSION

Antioch Community Center • Instructor: Recreation Staff
Monday-Friday

#10657	3/25-3/29	9:00AM-4:00PM	\$231R/\$254NR
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EXTENDED CARE PACKAGE:

Early drop off & later pick up
Monday-Friday

#10658	3/25-3/29	7:30-9AM & 4-6PM	\$50R/\$60NR
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More Spring Break Camps!

Tennis Camp, page 18 & Teen Camp, page 31

3RD ANNUAL EGGSTRAVAGANZA & REC EXPO

ALL AGES!

EASTER EGG HUNTS,
ACTIVITY SHOWCASE,
GAMES, AND MORE!



MARCH 30TH : 11AM - 3PM

ANTIOCH WATER PARK : \$8 PRE-REGISTRATION

4701 LONE TREE WAY : \$12 AT THE DOOR

Celebrate the season at the Antioch Water Park! Enjoy scheduled egg drops with eggs hidden both in and out of the water around the park. Be sure to bring your bathing suit! You never know what kind of prizes will be inside! Bag provided to collect eggs.

Buy your tickets at AntiochWaterPark.com

The 8TH ANNUAL BUNNY HOP 5K

CITY OF ANTIOCH CALIFORNIA

ANTIOCH ROTARY CLUB

Saturday, March 30, 2024

9:00am

Scenic Corteva Wetlands

SPONSORS:
 Sutter Health
 Sutter Delta Medical Center We Plus You
 CORTEVA
 agriscience

runsignup.com/Race/CA/Antioch/AntiochBunnyHop5K

Rivertown Wine Walk & Artisan Faire

SPONSORED BY CELEBRATE ANTIOCH FOUNDATION & RIVERTOWN MERCHANTS

Sample Up To 12 Wines For Only \$20!

Saturday May 11th 12pm - 4pm
 G Street Downtown Antioch

Join us for an afternoon of Art, Handmade Crafts, Live Music and Wine Tasting!
 This is a free, fun, family-friendly event.
 Must be at least 21 to participate in Wine Walk.

Tickets are \$20 in advance or \$25 at the door, get yours early!

Tickets available at:
 Willow Park Mercantile & Rivertown Treasure Chest or Eventbrite.com

**MORE INFO & TICKETS AT:
 CELEBRATEANTIOCH.ORG & FACEBOOK/ANTIOCHRIVERTOWN**

COYOTE HILLS SUMMER DAY CAMP

Ages: 5-12
 Antioch Community Center
 Monday-Friday 9:00am-4:00pm
 *Extended Care Package 7:30am-9:00am & 4:00pm-6:00pm

Week	Themes
June 17-21	Adventureland
June 24-28	Chopped Junior
July 1-5	Super Splash
July 8-12	Stroke of Genius
July 15-19	Double Dare
July 22-26	Halloween in Summer
July 29-Aug 2	Coyote's Got Talent

**No Camp 6/19 & 7/4

REGISTRATION STARTS ON MAY 6TH!

ANTIOCH YOUTH SPORTS

ANTIOCH YOUTH SPORTS CAMP

Ages: 7-12
 Antioch Community Center
 Monday-Friday 9:00am-4:00pm
 *Extended Care Package 7:30am-9:00am & 4:00pm-6:00pm

ANTIOCH CALIFORNIA
 OPPORTUNITY LIVES HERE

FITNESS

12 YEARS & UP

Lap Swim

Lap swim is offered for swimmers 12 years and older. 5 lanes available.

Antioch Water Park Lap Pool • Instructor Cindy Pang
Tuesday/Thursday

4/9-5/30	4:30PM-6:00PM	\$6 drop in per visit
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Lap Swim Punch Pass **\$35R/\$45NR**

Purchase an Antioch Water Park Lap Swim Punch Pass! These passes come with 10 visits each that are valid during any designated lap swim time slot. These visits do not expire until all 10 are used. **Passes NOT valid during summer general admission hours.**

LIFEGUARDING

15 YEARS & UP

American Red Cross Lifeguard Certification

Take the first step in joining the Antioch Water Park lifeguard team! Become a certified lifeguard. Successful completion of the course will result in Lifeguard, CPR/AED, First Aid and Title 22 certifications. All courses will be fully in person during 2024. **Must attend** recruitment clinic to register for lifeguard certification. See information below.

Antioch Water Park Lap Pool • Instructor: Aquatics Staff

3/24-3/30	Sun-Sat	9:00AM-5:00PM	\$150R/\$165NR
4/11-4/14 & 4/18-4/21	Thu/Fri	4:00PM-8:00PM	\$150R/\$165NR
	Sat/Sun	9:00AM-5:00PM	
5/2-5/5 & 5/9-5/11	Thu/Fri	4:00PM-8:00PM	\$150R/\$165NR
	Sat/Sun	8:00AM-6:00PM	



16 YEARS & UP

Water Aerobics

The ultimate in low impact aerobics. Classes accommodate all fitness levels with emphasis on cardio, muscle toning and fun. No swimming skills required. **\$10 drop in per visit available.**

Antioch Water Park Lap Pool • Instructor Cindy Pang

	Tuesday/Thursday			Adults 50+
#10846	4/9-5/2	6:30PM-7:30PM	\$76R/\$86NR	\$50R/\$60NR
#10848	5/7-5/30	6:30PM-7:30PM	\$76R/\$86NR	\$50R/\$60NR
Saturday				
#10850	4/13-5/4	9:30AM-10:30AM	\$38R/\$48NR	\$25R/\$35NR
#10852	5/11-6/1	9:30AM-10:30AM	\$38R/\$48NR	\$25R/\$35NR

15 YEARS & UP

Lifeguard Recruitment Clinics

Are you considering joining the Antioch Water Park lifeguard team? Come to our Lifeguard Recruitment Clinics to learn what it takes to become a lifeguard! In these free clinics you can practice and improve the prerequisite skills required to register for the certification course. During these clinics, candidates will complete the lifeguard course prerequisite test, complete hiring paperwork, sign up for the lifeguard class, and ask lifeguard staff any questions you may have.

Lifeguard candidates can attend as many clinics as they would like prior to classes starting. They **must attend** one of the clinics to complete the prerequisite test and register for the lifeguard class.

Contact Antioch Water Park staff for additional information/questions.

3/11, 3/13, 3/18 & 3/20	4:00PM-6:00PM	FREE
4/1, 4/3, 4/8 & 4/10	4:00PM-6:00PM	FREE
4/22, 4/24, 4/29 & 5/1	4:00PM-6:00PM	FREE



SWIMMING AND WATER SAFETY

The Antioch Water Park offers a comprehensive and developmentally appropriate swim program that teaches participants of all ages how to swim safely and skillfully. For detailed information regarding level placement, please visit www.antiochwaterpark.com or contact our front desk. All classes are 25 minutes in length. All classes are taught by certified aquatic staff at the Antioch Water Park.

SWIM LESSONS

5 MONTHS-3 YEARS

Parent and Child

Introduce your little ones to the water with our Parent and Child swim lessons! Two levels will be offered: Parent/Child 1 will be focused on those who are just getting comfortable in the water and will teach basic water safety, Parent/Child 2 will be focused on getting comfortable with an instructor and preparing them for preschool lessons. Only one adult can accompany each child in the water. These group classes have a ratio of 1 instructor for up to 6 pairs.

SATURDAY	9:00AM	11:30AM
4/13-5/4 \$54R/\$64NR	Level 1 #10712 Level 2 #10713	Level 1 #10714 Level 2 #10715
5/11-6/1 \$54R/\$64NR	Level 1 #10716 Level 2 #10717	Level 1 #10718 Level 2 #10719

3-5 YEARS

Preschool Swim Lessons

Geared towards our youngest swimmers! Our preschool swim lessons will teach students basic swimming skills ranging from beginning to swim to learning different strokes and techniques, while growing confidence in their swim abilities and learning water safety. Adults are not permitted to accompany children in the water. These are group classes with a ratio of 1 instructor for up to 4 students. Levels 1, 2, and 3 offered.

SATURDAY	9:30AM	10:00AM
4/13-5/4 \$54R/\$64NR	Level 1 #10711 Level 2 #10720 Level 3 #10721	Level 1 #10725 Level 2 #10726 Level 3 #10727
5/11-6/1 \$54R/\$64NR	Level 1 #10722 Level 2 #10723 Level 3 #10724	Level 1 #10728 Level 2 #10729 Level 3 #10730

6-14 YEARS

Youth Swim Lessons

Our youth swim lessons will teach students basic swimming skills ranging from beginning to swim to learning different strokes and techniques, while growing confidence in their swim abilities and learning water safety. These are group classes with a ratio of 1 instructor for up to 6 students. Levels 1, 2, and 3 offered.

SATURDAY	10:30AM	11:00AM
4/13-5/4 \$54R/\$64NR	Level 1 #10731 Level 2 #10732 Level 3 #10733	Level 1 #10737 Level 2 #10738 Level 3 #10739
5/11-6/1 \$54R/\$64NR	Level 1 #10734 Level 2 #10735 Level 3 #10736	Level 1 #10740 Level 2 #10741 Level 3 #10742



8-14 YEARS

Dolphin Swim Prep

Dolphin Swim Prep is geared towards swimmers who are comfortable swimming independently and have an interest in further developing their technique and endurance. Dolphin allows students to transition more easily onto a local swim team or club but is open to all. This group class has a ratio of 1 instructor for up to 8 students. Participants MUST pass a swim test administered by AWP staff to register for this class. Contact the water park to schedule a swim test or for additional information.

SATURDAY	11:00AM
4/13-5/4 \$54R/\$64NR	#10743
5/11-6/1 \$54R/\$64NR	#10744

15 YEARS & UP

Adult Swim Lessons

Working with an instructor, teens and adults will learn swimming skills, water safety, improve their swimming abilities, and gain water confidence. Two levels will be offered: Learning the Basics focuses on those with little or no comfort in the water and will cover basic skills ranging from floating to freestyle and backstroke, Stroke Improvement focuses on those who can swim basic strokes but want to improve their skills and endurance as well as learn additional skills. These are group classes with a ratio of 1 instructor for up to 6 students.

SATURDAY	9:00AM
4/13-5/4 \$54R/\$64NR	Learning the Basics #10745 Stroke Improvement #10746
5/11-6/1 \$54R/\$64NR	Learning the Basics #10747 Stroke Improvement #10748

3 YEARS & UP

Private Swim Lessons

Private Lessons are 25 minutes of one-on-one instruction. Lessons are customized to meet the specific needs of each student to grow their confidence around water and/or improve upon swimming technique. Available to swimmers of all levels and abilities.

SATURDAY	9:30AM	10:00AM	10:30AM	11:30AM
4/13-5/4 \$109R/\$120NR	#10749	#10750	#10751	#10752 #10753
5/11-6/1 \$109R/\$120NR	#10754	#10755	#10756	#10757 #10758



Photo by: Jodie Hitosis



ANTIOCH
Water park

COME SPLASH WITH US!

Tickets available online starting May 1st!

Stay tuned for the Summer Recreation Guide! More information available in the next issue.

4701 Lone Tree Way
(925) 776-3070 x 0
www.antiochwaterpark.com

Opening day: May 25th, 2024!

Purchase the following starting May 1st at www.antiochwaterpark.com:

- Birthday Packages
- Rentable Luxury Loungers
- Season Passes



ANTIOCH WATER PARK PRESENTS

WATER PARK AFTER DARK

THEMED NIGHTS | SPECIAL EVENTS | AND MORE!

RETURNING SUMMER 2024!

ANTIOCH RECREATION PRESCHOOL ACADEMY

AGES 3.25-5

Preschool Academy

Welcome to our Preschool Academy where your child will be encouraged to use their imagination and develop an early love of school and learning while building self-confidence and self-esteem. We will work on mastering pre-writing, pre-math, colors, shapes, numbers, and letters. Accommodating the uniqueness of young children using a developmentally appropriate curriculum, all in a nurturing and loving environment. Preschoolers each get their own Academy Kit filled with materials for projects, art, and play. Children must be fully potty trained. Registration must be completed no later than noon, the Friday before each session begins.

For additional information, visit: antiochca.gov/preschool

Antioch Community Center • Instructor: Cindy Pang
Morning Preschool Academy • Monday–Thursday

#10642	1/8-2/1*	8:30AM-11:30AM	\$473R/\$520NR
#10643	2/5-2/29*	8:30AM-11:30AM	\$441R/\$485NR
#10644	3/4-3/21*	8:30AM-11:30AM	\$378R/\$416NR
#10645	4/1-5/2	8:30AM-11:30AM	\$630R/\$693NR
#10646	5/6-6/6*	8:30AM-11:30AM	\$599R/\$659NR

*No class 1/15, 2/12, 2/19, 3/25-3/29, 5/27

Antioch Community Center • Instructor: Jacqueline Chen
Afternoon Preschool Academy • Monday & Wednesday

#10647	1/8-1/31*	1:00PM-4:00PM	\$220R/\$242NR
#10648	2/5-2/28*	1:00PM-4:00PM	\$189R/\$208NR
#10649	3/4-3/20*	1:00PM-4:00PM	\$189R/\$208NR
#10650	4/1-5/1	1:00PM-4:00PM	\$315R/\$347NR
#10651	5/6-6/5*	1:00PM-4:00PM	\$284R/\$312NR

*No class 1/15, 2/12, 2/19, 3/25-3/29, 5/27

Antioch Community Center • Instructor: Jacqueline Chen
Afternoon Preschool Academy • Tuesday & Thursday

#10652	1/9-2/1	1:00PM-4:00PM	\$252R/\$277NR
#10653	2/6-2/29	1:00PM-4:00PM	\$252R/\$277NR
#10654	3/5-3/21*	1:00PM-4:00PM	\$189R/\$208NR
#10655	4/2-5/2	1:00PM-4:00PM	\$315R/\$347NR
#10656	5/7-6/6	1:00PM-4:00PM	\$315R/\$347NR

*No class 3/25-3/29



PLAYGROUP

1-3 YEARS

Shining Stars Playgroup

Little ones and their caretakers can join us in this fun filled playgroup where we will explore gymnastics, creative movement, music, and art. *(Parent/guardian participation is required.)*

Antioch Community Center • Instructor: Be Exceptional
Friday

#10826	1/12-2/16	10:30AM-11:30AM	\$80R/\$90NR
#10827	2/23-4/5*	10:30AM-11:30AM	\$80R/\$90NR
#10828	4/12-5/17	10:30AM-11:30AM	\$80R/\$90NR

*No class 3/29

DANCE & TUMBLING

1-3 YEARS

Mini and Me Ballet

Little ones and their caretakers can join us in this fun filled creative ballet and basic yoga class. *(Parent/guardian participation is required.)*

Antioch Community Center • Instructor: Be Exceptional
Friday

#10829	1/12-2/16	9:30AM-10:15 AM	\$80R/\$90NR
#10830	2/23-4/5*	9:30AM-10:15 AM	\$80R/\$90NR
#10831	4/12-5/17	9:30AM-10:15AM	\$80R/\$90NR

*No class 3/29

1-2 YEARS

Tiny Steps

You and your little one can join us in this all-abilities class while we explore creative movement games and activities and learn basic dance and tumbling skills. *(Parent/guardian participation is required.)*

Antioch Community Center • Instructor: Be Exceptional
Saturday

#10832	1/13-2/17	9:00AM-9:45AM	\$80R/\$90NR
#10833	2/24-4/6*	9:00AM-9:45AM	\$80R/\$90NR
#10834	4/13-5/18	9:00AM-9:45AM	\$80R/\$90NR

*No class 3/30



Adaptive Recreation & Inclusion Programs

Be Exceptional provides recreational classes and social events for individuals facing developmental, physical, and emotional challenges.

2-3 YEARS

Tumblebugs

Let your little bug have fun while learning basic tumbling skills. This class incorporates tumbling activities to enhance motor skills, balance, swinging, jumping, flexibility and strength. Please wear comfortable clothes and bare feet.

Antioch Community Center • Instructor: Be Exceptional
Saturday

#10837	1/13-2/17	10:00AM-10:45AM	\$80R/\$90NR
#10838	2/24-4/6*	10:00AM-10:45AM	\$80R/\$90NR
#10839	4/13-5/18	10:00AM-10:45AM	\$80R/\$90NR

*No class 3/30

3-4 YEARS

Tumble Tots

Join us in this all-abilities class while we learn the basics of gymnastics and tumbling skills. Workout/dance attire and bare feet required.

Antioch Community Center • Instructor: Be Exceptional
Saturday

#10840	1/13-2/17	11:00AM-11:45AM	\$80R/\$90NR
#10841	2/24-4/6*	11:00AM-11:45AM	\$80R/\$90NR
#10842	4/13-5/18	11:00AM-11:45AM	\$80R/\$90NR

*No class 3/30



3-5 YEARS

Storybook Ballet

Join us for a creative ballet class where we dance our way through popular children's ballet stories. Please wear a leotard and ballet shoes.

Antioch Community Center • Instructor: Be Exceptional
Saturday

#10843	1/13-2/17	10:00AM-10:45AM	\$80R/\$90NR
#10844	2/24-4/6*	10:00AM-10:45AM	\$80R/\$90NR
#10845	4/13-5/18	10:00AM-10:45AM	\$80R/\$90NR

*No class 3/30

MARTIAL ARTS

4-6 YEARS

Max Academy—Panda

The Panda class is a physical and mental developmental program that helps young students enhance their coordination, locomotor skills, and balance. Simultaneously, students will learn important character skills like respect, focus, and perseverance. Max Academy Pandas love our classes, the chance to be with their friends, and the time they spend with their instructors.

Antioch Community Center • Instructor: Nick Rosalez
Wednesday

#10816	1/10-1/31	4:30PM-5:00PM	\$80R/\$90NR
#10817	2/7-2/28	4:30PM-5:00PM	\$80R/\$90NR
#10818	3/6-3/27	4:30PM-5:00PM	\$80R/\$90NR
#10819	4/3-4/24	4:30PM-5:00PM	\$80R/\$90NR
#10820	5/1-5/22	4:30PM-5:00PM	\$80R/\$90NR



7-12 YEARS

Max Academy—Juniors

Our Junior students learn to enhance their athleticism and protect themselves from danger through the practice of effective self-defense skills and martial arts techniques. Additionally, Max Academy students learn essential character traits like respect, focus, and perseverance. Our juniors love coming to class where they make new friends, participate in fast-paced drills and games, and learn from instructors who genuinely care about them.

Antioch Community Center • Instructor: Nick Rosalez
Wednesday

#10821	1/10-1/31	5:00PM-5:45PM	\$80R/\$90NR
#10822	2/7-2/28	5:00PM-5:45PM	\$80R/\$90NR
#10823	3/6-3/27	5:00PM-5:45PM	\$80R/\$90NR
#10824	4/3-4/24	5:00PM-5:45PM	\$80R/\$90NR
#10825	5/1-5/22	5:00PM-5:45PM	\$80R/\$90NR

DANCE & TUMBLING

4-6 YEARS

Boogie to the Beat

This upbeat creative dance class will help teach the basics of body movement, musicality, and dance skills

Antioch Community Center • Instructor: Be Exceptional
Saturday

#10856	1/13-2/17	9:00AM-9:45AM	\$80R/\$90NR
#10857	2/24-4/6*	9:00AM-9:45AM	\$80R/\$90NR
#10858	4/13-5/18	9:00AM-9:45AM	\$80R/\$90NR

*No class 3/30

5-7 YEARS

Intro to Gymnastics and Tumbling

This fun introductory class will have your gymnast balancing on the beam, bouncing on the trampoline, and tumbling across the floor. Workout/dance attire and bare feet required.

Antioch Community Center • Instructor: Be Exceptional
Saturday

#10847	1/13-2/17	9:00AM-9:45AM	\$80R/\$90NR
#10849	2/24-4/6*	9:00AM-9:45AM	\$80R/\$90NR
#10851	4/13-5/18	9:00AM-9:45AM	\$80R/\$90NR

*No class 3/30

6-10 YEARS

Beginning Ballet

In this class students will focus on learning basic ballet movements and technique in a fun creative way. Please wear a leotard and ballet shoes.

Antioch Community Center • Instructor: Be Exceptional
Saturday

#10853	1/13-2/17	11:00AM-11:45AM	\$80R/\$90NR
#10854	2/24-4/6*	11:00AM-11:45AM	\$80R/\$90NR
#10855	4/13-5/18	11:00AM-11:45AM	\$80R/\$90NR

*No class 3/30

8-12 YEARS

Beginning Gymnastics & Tumbling

This fun introductory class will have your gymnast balancing on the beam, bouncing on the trampoline, and tumbling across the floor. Workout/dance attire and bare feet required.

Antioch Community Center • Instructor: Be Exceptional
Saturday

#10859	1/13-2/17	10:00AM-10:45AM	\$80R/\$90NR
#10860	2/24-4/6*	10:00AM-10:45AM	\$80R/\$90NR
#10861	4/13-5/18	10:00AM-10:45AM	\$80R/\$90NR

*No class 3/30

Ages 5 & Up

Aztec Dance

In Lak'Ech group is a traditional Aztec Danza group. We teach part of our culture and many other cultures through dance, art, and music. We focus on youth and families to come learn what the dances mean, where they come from and how they relate to our daily life and community. This is also something the whole family can do together.

Nick Rodriguez Community Center • Instructor: Manuel Garcia
Tuesdays & Thursdays

#10877 1/16-5/30 6:00PM-8:00PM Free



5-12 YEARS

Parent's Night Out

Need a night out? Let your kids spend the night in, with us! Come create arts & crafts, play games, enjoy a movie! Wear pajamas, bring a pillow and blanket! Trained recreation staff will provide all the fun, excitement, and supervision. Pre-registration is required. Make sure to bring your I.D. upon pick-up. We encourage social pods to register together.

Antioch Community Center • Instructor: Recreation Staff
3rd Friday of the Month

#10686	1/19	6:00PM-10:00PM	\$32R/ \$42NR
#10687	2/16	6:00PM-10:00PM	\$32R/ \$42NR
#10688	3/15	6:00PM-10:00PM	\$32R/ \$42NR
#10689	4/19	6:00PM-10:00PM	\$32R/ \$42NR
#10690	5/17	6:00PM-10:00PM	\$32R/ \$42NR

Youth Activity Scholarships

Applications are available at:
antiochca.gov/RecFinancialAssistance
 and at the Antioch Community Center
 for residents of Antioch and
 residences within the
 Antioch Unified School District.



Apply today!

ART

8-14 YEARS

Comic Book Creators

Challenge yourself to create cool characters and wild stories in a day all about comics! We'll go through several activities highlighting the creative process and leave with a cool cast of original characters and a comic sketch book of your own creation.

Antioch Community Center • Instructor: Abraham Rodriguez
Thursday

#10759	1/18-2/8	5:00PM-6:30PM	\$57R/\$67NR
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8-14 YEARS

Anime and Manga Drawing

Practice your sketching skills in a class focused on learning the stylistic features that make this Japanese drawing style so awesome! All skill levels welcome. Bring your favorite art supplies, a sketchbook, and drive to draw!

Antioch Community Center • Instructor: Abraham Rodriguez
Thursday

#10760	2/29-3/21	5:00PM-6:30PM	\$57R/\$67NR
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8-14 YEARS

Anime Draw-A-Thon

Welcome to an evening of drawing where we will put our creative skills to the test against different drawing challenges, with an anime theme! Artists of all levels are invited to join and flex their skills. Come equipped with your favorite art supplies, a sketchbook, and your creativity!

Antioch Community Center • Instructor: Abraham Rodriguez
Thursday

#10761	3/28	5:00PM-7:00PM	\$20R/\$30NR
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8-14 YEARS

Watercolor Workshop

Get ready to explore cool watercolor effects using fun techniques and your favorite art styles. Great for experienced artists and newcomers alike! Supplies provided by instructor.

Antioch Community Center • Instructor: Abraham Rodriguez
Thursday

#10762	4/11	5:00PM-7:00PM	\$20R/\$30NR
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5-12 YEARS

Kid's Paint Night

Drop the phone, ditch the tablet, step away from the T.V.! Join Friday Paint Night and create a masterpiece to take home in our fun step-by-step painting class. Children will learn by watching demonstrations and then apply these techniques learned to their painting. Supplies will be provided.

Antioch Community Center • Instructor: Recreation Staff
Friday Night • 5-8 Years

#10676	1/12	4:15PM-5:00PM	\$17R/\$27NR
#10677	2/9	4:15PM-5:00PM	\$17R/\$27NR
#10678	3/8	4:15PM-5:00PM	\$17R/\$27NR
#10679	4/12	4:15PM-5:00PM	\$17R/\$27NR
#10680	5/10	4:15PM-5:00PM	\$17R/\$27NR

Friday Night • 9-12 Years

#10681	1/12	5:30PM-6:30PM	\$17R/\$27NR
#10682	2/9	5:30PM-6:30PM	\$17R/\$27NR
#10683	3/8	5:30PM-6:30PM	\$17R/\$27NR
#10684	4/12	5:30PM-6:30PM	\$17R/\$27NR
#10685	5/10	5:30PM-6:30PM	\$17R/\$27NR

COOKING

8-12 YEARS

Kidlicious Cooking Class

Embrace your inner chef with this fun cooking class! Learn how to make cuisine from all over the world while building your skills to become a better chef! Learn how to prep, chop, cook and season, while getting to taste these new creations. Make your little chef dreams come true.



Antioch Community Center • Instructor: Recreation Staff
Tuesday

#10691	2/6-2/27	4:30PM-5:30PM	\$52R/\$62NR
#10694	2/6-2/27	6:00PM-7:00PM	\$52R/\$62NR
#10692	4/2-4/23	4:30PM-5:30PM	\$52R/\$62NR
#10695	4/2-4/23	6:00PM-7:00PM	\$52R/\$62NR
#10693	5/7-5/28	4:30PM-5:30PM	\$52R/\$62NR
#10696	5/7-5/28	6:00PM-7:00PM	\$52R/\$62NR

SPORTS

The Antioch Youth Sports Program is designed to get local youth introduced to exercise and healthy lifestyles through sports play. Year-round Skills and Drills classes are offered to introduce young athletes to the fundamental skills of each sport while league play is offered to allow these athletes to test their skills through competition while learning teamwork, comradery, and life lessons through sport.



Skills and Drills Program

The Skills and Drills program is designed to offer low cost, accessible sports classes with progressive curriculum so that your child can develop their skills as they learn and grow. Each class includes drills and structured play to teach the fundamentals of each sport to young athletes with a focus on getting active while having fun.

4-6 YEARS

Soccer—Little Kickers

Introduce your child to the sport of soccer. Classes primarily focus on ballhandling, getting players comfortable with dribbling, passing and introducing juggling. Small pug goals will be used for drills and games. Level 2 requires prerequisite of completing Level 1.

Antioch Community Center • Instructor: Antioch Youth Sports Staff
Monday • Level 1

#10781	1/8-2/5*	5:55PM-6:40PM	\$30R/\$40NR
#10782	2/26-3/18	5:55PM-6:40PM	\$30R/\$40NR
#10783	4/1-4/22	5:55PM-6:40PM	\$30R/\$40NR
#10784	4/29-5/20	5:55PM-6:40PM	\$30R/\$40NR

Nick Rodriguez Community Center • Instructor: Antioch Youth Sports Staff

Wednesday • Level 1

#10785	1/10-2/7*	5:05PM-5:50PM	\$30R/\$40NR
#10788	2/28-3/20	5:05PM-5:50PM	\$30R/\$40NR
#10789	4/3-4/24	5:05PM-5:50PM	\$30R/\$40NR
#10792	5/1-5/22	5:05PM-5:50PM	\$30R/\$40NR

Wednesday • Level 2

#10786	1/10-2/7*	5:55PM-6:40PM	\$30R/\$40NR
#10787	2/28-3/20	5:55PM-6:40PM	\$30R/\$40NR
#10790	4/3-4/24	5:55PM-6:40PM	\$30R/\$40NR
#10791	5/1-5/22	5:55PM-6:40PM	\$30R/\$40NR

*No class 1/15, 1/17

4-6 YEARS

Little Dribblers

Introduce your child to the sport of basketball. Classes primarily focus on ballhandling, getting players comfortable with dribbling, passing, catching and using pivots. Adjustable hoops will be used with level 1 playing on 6 foot rims and the upper levels progressing in height as needed. Level 2 requires prerequisite of completing Level 1.

Antioch Community Center • Instructor: Antioch Youth Sports Staff
Monday • Level 1

#10766	1/8-2/5*	4:15PM-5:00PM	\$30R/\$40NR
#10770	2/26-3/18	4:15PM-5:00PM	\$30R/\$40NR
#10773	4/1-4/22	4:15PM-5:00PM	\$30R/\$40NR
#10775	4/29-5/20	4:15PM-5:00PM	\$30R/\$40NR

Monday • Level 2

#10768	1/8-2/5*	5:05PM-5:50PM	\$30R/\$40NR
#10772	2/26-3/18	5:05PM-5:50PM	\$30R/\$40NR
#10774	4/1-4/22	5:05PM-5:50PM	\$30R/\$40NR
#10776	4/29-5/20	5:05PM-5:50PM	\$30R/\$40NR

Nick Rodriguez Community Center • Instructor: Antioch Youth Sports Staff
Wednesday • Level 1

#10777	1/10-2/7*	4:15PM-5:00PM	\$30R/\$40NR
#10778	2/28-3/20	4:15PM-5:00PM	\$30R/\$40NR
#10779	4/3-4/24	4:15PM-5:00PM	\$30R/\$40NR
#10780	5/1-5/22	4:15PM-5:00PM	\$30R/\$40NR

*No class 1/15, 1/17



TENNIS

6 YEARS & UP

Family Tennis—Beginner/Intermediate

Progressive curriculum is designed for the beginning and intermediate tennis players. Family Tennis can include children with their parents or relatives to learn with young players. Learn and develop strokes, skills, movement, eye-hand coordination, racket control and play games.

Chichibu Park Tennis Courts • Zonia Alston

Ages 6-12 • Tuesday

#10793	4/2-4/23	6:00PM-6:50PM	\$74R/\$84NR
#10796	4/30-5/21	6:00PM-6:50PM	\$74R/\$84NR

Ages 13+ • Tuesday

#10794	4/2-4/23	7:00PM-7:50PM	\$74R/\$84NR
#10795	4/30-5/21	7:00PM-7:50PM	\$74R/\$84NR

13 YEARS & UP

Tennis Mixer-Intermediate/Advanced

Class sessions include games, strategy, and matches for intermediate to advanced players.

Chichibu Park Tennis Courts • Zonia Alston

Tuesday

#10797	4/2-4/23	8:00PM-9:00PM	\$74R/\$84NR
#10798	4/30-5/21	8:00PM-9:00PM	\$74R/\$84NR



TENNIS CAMP

7-18 YEARS

First Serve Tennis Camp

This camp is designed for the beginner-intermediate player. Players focus on the fundamentals and movements of tennis with instruction given in a fun and positive manner. Students must provide their own size appropriate racquet; tennis balls are provided.

Chichibu Park Tennis Courts • Zonia Alston

Ages 7-10 • Monday-Friday

#10799	3/25-3/29	8:30AM-10:30AM	\$129R/\$142NR
Ages 11-18 • Monday-Friday			

#10800	3/25-3/29	10:30AM-12:30PM	\$129R/\$142NR
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SKATEBOARDING

8 YEARS & UP

Skateboard Lessons

Skateboarding lessons for all-abilities where beginners to experts can develop and build upon their skateboarding skills. Please bring a helmet and pads. A skateboard can be provided for use during the lesson if needed.

Antioch Skatepark • Be Exceptional

Saturday

#10835	2/24-4/6*	10:00AM-11:00AM	\$80R/\$90NR
#10836	4/13-5/18	10:00AM-11:00AM	\$80R/\$90NR

*No class 3/30

KAYAKING

10 YEARS & UP

Kayak Corteva Wetlands

Join us as we explore these amazing wetlands right in our backyard just off the San Joaquin River in a tandem kayak. We may spot River otter, beaver, mink, sea lions and many waterfowl. This tour is great for beginners and experts. (All minors must be accompanied by an adult. Separate registrations for each participant required.)

Antioch Marina • Delta Kayak Adventures

Saturday

#10697	1/13	11:00AM-1:00PM	\$75R/\$85NR
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10 YEARS & UP

Kayak Sunset Paddle

Enjoy a leisurely paddle in a tandem kayak while watching the sunset behind Mt. Diablo. We may view many creatures who call the Delta home such as beavers, river otters, mink, turtles, and multitudes of waterfowl including heron, egrets, hawks, osprey, and owls. This tour is great for both beginners and experienced paddlers. Kids 12 and under must paddle with adult in tandem (all minors must be accompanied by an adult. Separate registrations for each participant required).

Antioch Marina • Delta Kayak Adventures

Sunday Only

#10698	2/11	3:30PM-5:30PM	\$75R/\$85NR
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Friday Only

#10699	5/24	6:00PM-8:00PM	\$75R/\$85NR
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GRADES K-8



JUNIOR WARRIORS

CO-ED BASKETBALL LEAGUE





The Antioch Junior Warriors Basketball League encourages skill development through fundamental instruction, sportsmanship, physical fitness and fun. Each week consists of a one-hour practice and a game on Saturdays for grades 1-8. The Kindergarten League will consist of a 30-minute practice followed by a 30-minute scrimmage on Saturday mornings. This league is non-competitive, teams are coached by volunteers and games are officiated by Recreation Staff members. All divisions are Co-ed and are offered for children in grades K-8. Each child receives a Golden State Warriors reversible jersey.

Deadline to Register: Monday, February 26

FEES:

Kindergarten: \$79R/\$89NR
Grades 1-8: \$99R/\$109NR

Kindergarten: #10805
1st/2nd Grade: #10801
3rd/4th Grade: #10802
5th/6th Grade: #10803
7th/8th Grade: #10804

Mandatory Evaluation
March 9 | Grades 1-8

Grades 1-2 9:00AM
Grades 3-4 10:15AM
Grades 5-6 11:30AM
Grades 7-8 12:45PM

Practices begin: Week of April 1
Games begin: April 13
Final day of games: May 18
Days/times for practices and games will vary.

Volunteer coaches are needed, each coach receives a 50% discount on one player registration. For more information, contact sports@antiochca.gov



**HAVE FUN & MAKE
NEW FRIENDS
ASSIST WITH RECREATION
PROGRAMS AND
ACTIVITIES
GIVE BACK TO YOUR
COMMUNITY**

JUNIOR RECREATION LEADERS

**SUMMER 2024
AGES 13-15**

VISIT: [ANTIOCHCA.GOV/RECREATION/JUNIOR-RECREATION-LEADER-PROGRAM](https://www.antiochca.gov/recreation/junior-recreation-leader-program)
EMAIL: LJACKSON@ANTIOCHCA.GOV



Expand your skills online.

The City of Antioch offers numerous online education classes. Sign up today at www.ed2go.com/antiochrec

REQUIREMENTS: All courses require internet access, e-mail, and web browser. Some courses may have additional requirements.
How to get started: 1) Visit our Online Instruction Center at: www.ed2go.com/antiochrec; 2) Click the Courses link, choose department and course title that you are interested in and select the Enroll Now button. Follow instructions to enroll and pay for your course and to create a login.



FITNESS

13 YEARS & UP

Health & Wellness Essentials

In this course we will be focusing on learning or refreshing the principles of basic nutrition delivered in a **SIMPLE, MANAGEABLE AND ACTIONABLE** way so you can get some **CLARITY** about the What, When, Where, Why and How's of nourishing your body with a whole wellness approach that focus on a sustainable, healthy way of living instead of fads, diets or deprivation practices.

Antioch Community Center • Instructor: Karina Dugand
Monday

#10764	3/4-4/22	5:30PM-6:45PM	\$160R/\$176NR
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13 YEARS & UP

Zumba with Karina

Zumba with Karina is a very exciting dance fitness party with an atmosphere full of Latin and International music. You'll forget you're working out with its fun and simple moves. Best of all, you don't need any previous dance experience! Drop-in rate is \$15 per class. Registration must be completed by noon on the Friday before session start date.

Antioch Community Center • Instructor: Karina Dugand
Monday

#10765	1/8-2/26*	7:00PM-8:00PM	\$69R/\$79NR
#10767	3/4-3/25	7:00PM-8:00PM	\$55R/\$65NR
#10769	4/1-4/22	7:00PM-8:00PM	\$55R/\$65NR
#10771	5/6-5/20	7:00PM-8:00PM	\$42R/\$52NR

*No class 1/15, 2/12, 2/9

16 YEARS & UP

Tai Chi & Chi Gong

Ancient Chinese slow meditative and flowing movements with deep breathing designed to reduce stress, relieve pain, improve memory and balance while generating positive energy for all. No experience needed.

Antioch Community Center • Instructor: Rocky Muir
Thursdays

#10672	1/4-2/8	9:00AM-10:00AM	\$60R/\$70NR
#10673	2/22-3/28	9:00AM-10:00AM	\$60R/\$70NR
#10674	4/11-5/16	9:00AM-10:00AM	\$60R/\$70NR

17 YEARS & UP

Hula Hoop Fitness

Ready, set, go!! Join a 45-minute exciting hula hoop workout session that will relieve stress and anxiety, build strength, burn calories, train your waist, all while improving your cardio endurance. It is also a great way to learn how to hula hoop, meet people, network, or just get away to have some time to yourself.

Antioch Water Park • Instructor: Emerald Milan
Monday

#10813	3/4-3/25	6:00PM-6:45PM	\$50R/\$60NR
#10814	4/1-4/22	6:00PM-6:45PM	\$50R/\$60NR
#10815	4/29-5/20	6:00PM-6:45PM	\$50R/\$60NR



17 YEARS & UP

Gentle Yoga Hybrid Class

Join in person or online to this gentle yoga class that begins with stress relieving relaxation and eases into gentle yoga postures as well as myofascial release. Please bring a yoga mat and towel or pillowcase to each class. A class passcode and link will be emailed the Friday before class starts.

Antioch Community Center • Instructor: Lu Kovalick
Monday

#10809	1/8-2/5*	6:00PM-7:00PM	\$52R/\$62NR
#10810	3/4-3/25	6:00PM-7:00PM	\$52R/\$62NR
#10811	4/8-4/29	6:00PM-7:00PM	\$52R/\$62NR
#10812	5/13-6/3*	6:00PM-7:00PM	\$40R/\$50NR

*No class 1/15, 5/27

OUTDOOR RECREATION

16 YEARS & UP

Introduction to Kayaking

Our intro class will introduce you to basic paddling skills on calm, flat water. We'll go over different types of kayaks and their best uses, necessary equipment and basic strokes and maneuvers, safety, and touch on trip planning. (All minors must be accompanied by an adult. Separate registrations for each participant required.)

Antioch Marina • Instructor: Delta Kayak Adventures
Friday

#10700	3/8	1:00PM-3:00PM	\$75R/\$85NR
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16 YEARS & UP

Introduction to Stand Up Paddleboarding

Class will introduce students to basic paddling and safety skills and will take place on calm flat water. After an overview of equipment, students will learn basic strokes and maneuvers and how to self-rescue. Students should plan on getting wet and bring a towel and change of clothes. (All minors must be accompanied by an adult. Separate registrations for each participant required.)

Antioch Marina • Instructor: Delta Kayak Adventures
Sunday

#10701	4/21	10:00AM-12:00PM	\$75R/\$85NR
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DRIVERS ED

15 YEARS & UP

Online Driver's Education

This is an online program—all students must have access to the internet! The DMV allows teens to receive their Learner's Permit at age 15 1/2, and a license at age 16. This class is the FIRST, required step that must be completed. This is an online course with videos, animated



driving scenarios, and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. Sign up any time. Once students are registered, they will be contacted by the instructor.

Online Class • Instructor: Bay Area Driving School
Any Day

#10667	1/2-6/1	Ongoing Registration	\$50R/\$60NR
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15 YEARS & UP

Online Driver's Education—Hybrid Class Instruction

This is a virtual Driver's Education with a live instructor. Students will enjoy a series of Driver's Education lectures including understanding the responsibilities of having a driver's license, learning the rules of the road and accident-avoidance procedures. Independent assignments will also be completed during the week. Course also includes practice questions, defensive driving movies and written test prep. Upon successful completion, students will receive a certificate of completion.

Please text your name & email address to 510-886-1016 once you've registered so we can send the link and login credentials immediately.

Online Class • Instructor: Bay Area Driving School
Saturdays

#10668	2/3-2/24	9:00AM-12:00PM	\$195R/\$215NR
#10669	3/2-3/23	9:00AM-12:00PM	\$195R/\$215NR
#10670	5/4-5/25	9:00AM-12:00PM	\$195R/\$215NR

PERSONAL GROWTH

AGES 18 & UP

Wills, Trusts, and Estate Planning

It's never too late to plan. Learn all you need to know to make sure your family is safe and financially secure during life changes.

Topics: Living Trusts, Wills, Durable Powers of Attorney (Living Will), naming a guardian for minor children, joint tenancies, avoiding estate taxes and probate fees.



Antioch Community Center • Instructor: Randall Thompson
Tuesday

#10763	3/19	7:00PM-8:30PM	\$30R/\$40NR
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15 YEARS & UP

Food Manager Training & Certification

Gain the knowledge and skills of entry-level food management. The Food Safety Manager Certification Examination (FSMCE) is accredited under exam standards set by the National Registry Food Safety Professionals (NRFSP). It is accepted throughout the United States and meets regulatory requirements.

Antioch Community Center • Instructor: Definitive Safety Group
Saturday Only

#10807	2/17	9:00AM-3:30PM	\$100R/\$110NR
#10808	4/27	9:00AM-3:30PM	\$100R/\$110NR



18 YEARS & UP

Floral Design Class

Are you interested in learning how to make flower arrangements? Do you want to do it for fun or maybe even for a career? In this class you will be taught how to make a Basic, Advanced and Modern arrangements. A supply list will be provided to you on the first day of class. Students will be responsible for additional cost of supplies if you choose to purchase supplies from the teacher.

Antioch Community Center • Instructor: Kristie LuVisi
Tuesday Mornings

#10661	1/9-2/13	9:30AM-12:30PM	\$100R/\$110NR
#10662	2/27-4/2	9:30AM-12:30PM	\$100R/\$110NR
#10663	4/16-5/21	9:30AM-12:30PM	\$100R/\$110NR

Tuesday Evenings

#10664	1/9-2/13	5:30PM-8:30PM	\$100R/\$110NR
#10665	2/27-4/2	5:30PM-8:30PM	\$100R/\$110NR
#10666	4/16-5/21	5:30PM-8:30PM	\$100R/\$110NR



DROP-IN PROGRAMS

14 YEARS & UP (ID required, ages 14-17 must have signed waiver on file)

Teen & Adult Drop-In Volleyball

Antioch Community Center

Tuesday Evenings | 7:30PM-9:30PM

Sunday Evenings | 5:30PM-7:30PM

\$5 each visit payable at ACC front desk.

No open gym on 12/19-12/31, 3/31

18 YEARS & UP (ID REQUIRED)

Adult Drop-In Basketball

Antioch Community Center

Sunday Evenings* | 8:00PM-9:30PM

\$5 each visit payable at ACC front desk.

No open gym on 12/24, 12/31, 3/31

AGES 18+ (ID REQUIRED)

Adult Drop-In Pickleball

Antioch Community Center

Tuesday and Thursday Mornings | 9:00AM-11:00AM

\$5 each visit payable at ACC front desk.

No open gym on 12/19-12/31



CITY OF ANTIOCH

Adult Softball League

AGES 18 + OPEN SOFTBALL LEAGUE

Adult softball leagues are offered by the City of Antioch. 12 week seasons will run the week of **April 1** through the week of **June 24th**. Each division will culminate in a 4-team playoff tournament. Registration packets can be picked up at the Antioch Community Center or sent via email by contacting sports@antiochca.gov.

TEAM FEE: \$999

All registration packets must be submitted in-person at the Antioch Community Center no later than **March 15 at 5pm**. Must be paid by cash, check or credit card. Only one form of payment will be accepted.

DIVISIONS:

Monday: Women's D and E

Thursday: Men's D and E

Friday: Men's D and E

CITY OF
ANTIOCH
CALIFORNIA





THE ANTIOCH SENIOR CENTER

The Antioch Senior Center is offering quality and engaging programs to the community! We are open to adults aged 50+ looking for activities, trips, friendships, and hot meals.

Visit the Antioch Senior Center at 415 W. 2nd Street
Mondays-Fridays from 8:00AM to 4:00PM
Front Desk: (925) 779-7074

SENIOR SERVICES

Café Costa



Café Costa (formerly known as CoCo Cafe) is open to adults 50+. Meals served daily at 11:30am. All meals served at the Antioch Senior Center are low-sodium and low-fat. You are required to register prior to starting the nutrition program. Suggested donations: \$3 for 60+. Mandatory: \$6 fee for under 60. For meal reservations call (925) 779-7072. Reservations must be made by 11:15am the business day prior. Hot nutritious lunches provided daily by Contra Costa County.

Tri-Delta Transit

ADA Paratransit transportation is for individuals with disabilities who cannot independently use fixed route Tri Delta Transit bus service some of the time or all the time. Trips must be prearranged. All Tri Delta Transit buses are accessible, and many individuals with disabilities can use the fixed route bus service. However, if you are unable to use fixed route transportation for some of all your trips, you may be eligible for ADA Paratransit transportation. If you're not sure whether you're able to use the fixed route bus, call Tri Delta Transit at (925) 754-6622. Tri Delta Transit's Paratransit transportation includes two programs. ADA Paratransit transportation and Senior (age 65+) Paratransit transportation. To book a ride, call (925) 754-3060.

Care Management

Care managers are experienced professionals who work closely with older adults and their families to assess needs and provide solutions to a myriad of issues. Care Manager's priority is to solve problems and empower clients to become self-sufficient. Call (925) 779-7074 for more information.

Drop-in, Mondays from 9:00AM-11:00AM in Mno Dining Hall

HICAP, the Health Insurance Counseling and Advocacy Program

Provides free, unbiased education, counseling, and advocacy about Medicare. HICAP helps people understand how Medicare works and how to make informed choices. Confidential individual counseling is provided on the phone, by email, and in person at the Antioch Senior Center and other locations in Contra Costa County. HICAP also offers many "Welcome to Medicare" classes. Call the HICAP number 925-655-1393 to talk to a counselor or make an appointment.

3rd Tuesday of every month, by appointment only

1:00PM-4:00PM

Legal Assistance

Free legal services to improve the quality of life for clients by assisting with the preservation of housing, prevention of abused, and planning for incapacity. Appointments must be made in advance. Wills: To utilize this free service you must be 60 years or older. You also cannot own a home or have an existing will or trust.

2nd Monday of each month, by appointment only

9:00AM-12:00PM

3rd Monday of each month, by appointment only

10:00AM-12:00PM

Antioch Library Services

Project Second Chance is a tutoring service offered to adults who may need help with reading or writing. Project Second Chance offers services two times a week by appointment only. To schedule a tutoring session, call (925) 691-3960.



WORKSHOPS & SERVICES

AARP Driver Safety Course

AARP Driver Safety Course is specifically designed for drivers ages 50+. In many states, drivers may get a discount on their auto insurance after course completion. The class will take place over 2 days. Call the Antioch Senior Center Front Desk to register. Must attend both days to receive certification. Minimum 5 participants to host class or is subject to cancellation. Fee payable to AARP day of class.

Antioch Senior Center • Instructor: AARP Staff
Thursday • 9:30AM-2:30PM

1/18 and 1/25 \$20 AARP Members/\$25 Non-AARP Members

Tech Tips Workshops

TreVista Senior Living, partnered with Berkely YWCA and Antioch Senior Center brings 2024 Digital Literacy Workshop Series to local seniors. Each 90-minute workshop is focused on specific digital topics and designed to be a 30-minute presentation with interactive walkthroughs and demonstrations. A personalized Q&A session will be offered at the end of each workshop, and we encourage bringing personal devices to help with trouble shooting. Workshops are free. Space is limited. Register by calling 925-470-3395 or email tmeierdierck@trevista-antioch.com.

Antioch Senior Center • Instructor: Berkeley YWCA

Every 4th Wednesday of the month 9:00AM FREE

FITNESS

AGES 50 & UP

Senior Dance Fit

A low to medium impact workout class where we will stretch and tone with simple ballet, get moving with Zumba and cardio dance and cool down with basic yoga. Bring a yoga mat.

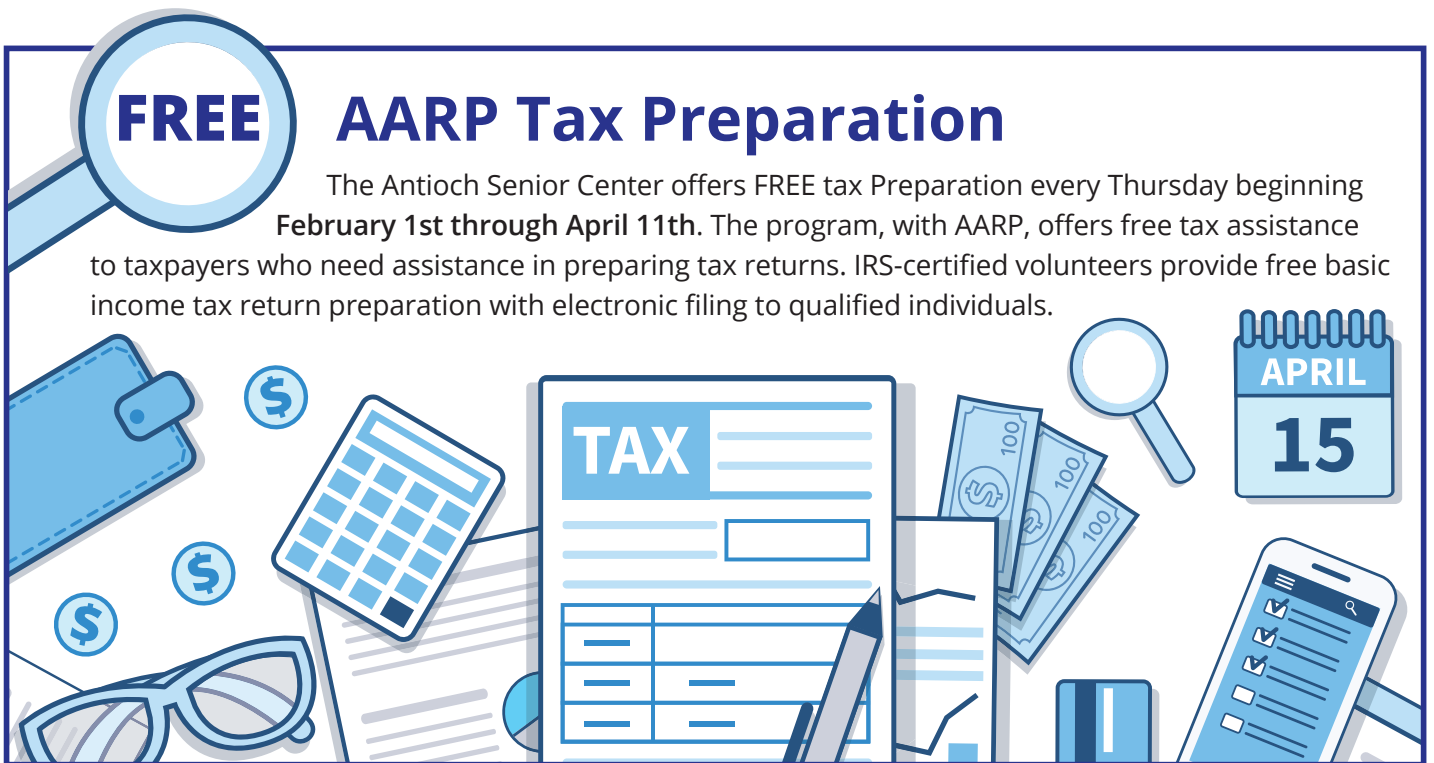
Antioch Senior Center • Instructor: Lynda Green
Wednesdays

#10882	1/3-2/7	9:30AM-10:30 AM	\$60R/\$70NR
#10883	2/14-3/27	9:30AM-10:30 AM	\$60R/\$70NR
#10884	4/3-5/8	9:30AM-10:30 AM	\$60R/\$70NR



FREE AARP Tax Preparation

The Antioch Senior Center offers FREE tax Preparation every Thursday beginning February 1st through April 11th. The program, with AARP, offers free tax assistance to taxpayers who need assistance in preparing tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals.



WEEKLY DROP-IN ACTIVITIES

AGES 50 & UP

ANTIOCH SENIOR CENTER

The Antioch Senior Center has various activities, led by volunteers, that take place throughout the week. If you are interested in participating in these drop-in activities, please visit the Antioch Senior Center and complete a membership application packet. For more information, please call (925) 779-7074.

Activity	Description	Class Days	Time
Badminton	Enhance reflexes, motor coordination, flexibility, and balance.	Mondays	8:00AM-10:00AM
Inner Work of Age	Find meaning to life and dive into different aspects of aging.	Mondays	9:30AM-10:30AM
Beginner Exercise	Low-impact exercise that include movement standing and sitting.	Mon., Wed., Fridays	10:30AM-11:15AM
Cane-do	Train your brain and body with tactics to protect yourself, while improving your physical skills.	Mondays	9:00AM-10:00AM
Kani Ka Pila (Let's Play Music)	Bring your guitars, ukuleles, or any instruments that you play, sing along to songs and have a great time!	Mondays	10:00AM-11:30AM
Painting Club	Come paint socially twice a week. Must bring your own supplies!	Mon., Wed., Fridays	12:00PM-3:00PM
Knitting & Crocheting	Get together to knit and crochet! Share your ideas and techniques.	Tuesdays	12:30PM-3:00PM
Beginner Pool	Come join us in learning the basics of billiards!	Tuesdays	1:00PM-3:00PM
Cribbage	Come play a fun card game of cribbage with others.	Tuesdays	12:00PM-2:00PM
Mindful Tuesday	Our Mindfulness Class is a safe space to connect with your own experience through stretches, movements and breathwork.	Tuesdays	9:30AM-10:00AM
Beginner Sewing	Learn basic sewing skills!	Tuesdays	9:30AM-11:15AM
Mobile Farmer's Market	Stop by for fresh produce!	Tuesdays	11:00AM-12:30PM
Beginner Salsa	Join us for Intro to Salsa lessons.	Wednesdays	10:00AM-11:00AM
Ukulele	Bring along your ukulele and strum along with friends to new and classic songs.	Wednesdays	10:00AM-11:00AM
Pickleball	Pickleball is a fun and easy-to-learn game! Played as doubles or singles.	Wednesdays	1:00PM-3:00PM
Hula Dance	Practice the traditional Hawaiian dance.	Thursdays	8:30AM-10:00AM
Line Dancing	Get in line and dance along.	Thursdays	10:00AM-11:00AM
Bingo	Play the classic game of bingo with us!	Thursdays	1:00PM-3:00PM
Arts & Crafts	We work on a fun weekly craft with friends! Supplies provided while they last.	Fridays	9:30AM-10:30AM
Walk with Ease	Motivate yourself to get in great shape. Improve your flexibility and strength.	Fridays	9:00AM-10:00AM
Beginner Piano	Learn the fundamentals of piano with us!	Fridays	9:15AM-10:15AM
Movies	It's movie time! Join us for a movie and popcorn!	Fridays	12:15PM (movie duration between 1:45 to 2 hrs)

EVENTS & GATHERINGS

February-May 2024

Sweethearts Soiree | February 15

Come enjoy the good company of friends! Wear pink and red for Valentines Day!

St. Patrick's Day | March 15

Join us for a St. Patty's Day Event! Don't forget to wear your GREEN!



Fashion Show | March 27

Meet us at the runway! "Spring into Style" fashion show is here.

Hop into Spring | April 3

Spring is here! Hop on over to the Antioch Senior Center for our spring celebration.



5 de Mayo | May 3

It's Fiesta time! Grab your sombreros and wear green, white or red!

Senior Prom | May 30

Dress to impress! Whether you choose to take a friend or go solo, come join us for music, fun, and more!

Financial Aid for Programs/Activities. Apply TODAY!

Applications are available at www.antiochca.gov/recreation/activity-registration and at the Antioch Senior Center for residents of Antioch. Activity Fee Assistance for adults 50+.

FEE ASSISTANCE FOR OLDER ADULTS AND SENIORS COORDINATED BY THE ANTIOCH RECREATION DEPARTMENT. FUNDING PROVIDED BY THE CITY OF ANTIOCH. FUNDS ARE LIMITED, PLEASE APPLY EARLY.

CITY OF
ANTIOCH
CALIFORNIA

SENIOR EXCURSIONS

January–May 2024

We have many great trips planned as we wind down the year! Register in-person at the Antioch Senior Center from 9am-1pm. Call (925) 779-7074 for trip details and costs. Registration is required.

To help you have an enjoyable trip experience please consider the trip level based on physical activities. Determine if the mobility rating is appropriate for your physical health and exploration interest.

Level 1:

At a leisurely pace, this trip involves minimal physical activity, such as light walking (only up to a few city blocks), and short periods of standing. This level would be wheelchair, cane, and walker accessible.

Level 2:

This trip may require some periods of standing and light walking along stairs, inclines, and uneven surfaces. This level would be wheelchair, cane, and walker accessible.

Level 3:

This trip may require substantial periods of walking and standing, sometimes on uneven terrain or stairs. This trip would likely be more difficult for wheelchairs, canes, or walkers.

January: Golden State Warriors

Level 2: #10885

GTO is back! True Golden State Warriors fans know what that means...Klay, Stephan, and Dray are waiting for us. Let's have a great time out!

February: Dandelion Chocolate 16th Street Factory

Level 2: #10887

Looking for something sweet to do on Valentines Day? Join us for a day full of chocolate, pastries, S'mores and more!

March: Golden State Warriors

Level 2: #10886

GTO is back! True Golden State Warriors fans know what that means...Klay, Stephan, and Dray are waiting for us. Let's have a great time out!

March: Castello Di Amorosa Winery

Level 2: #10889

This authentically styled 14th century Tuscan Castle Winery is located in Napa Valley. Come enjoy a glass or two with a beautiful view.

March: Delta Bowl

Level 1: #10869

Delta Bowl is coming back...Get your shoes and bowling ball ready! Games, shoes, food, and drinks will be included.



April: Casino

Level 1: #10888

Blackjack! Yes, it's time again! Come out and play with us at the Hard Rock Casino.



May: Cherry Picking Ron Nunn Farms

Level 2: #10891


Enjoy cherry picking at Ron Nunn Farms. A family farm in Brentwood, CA providing the highest quality fruits, vegetables, and products to our community for over 150 years.

Our Youth Services Network Division is dedicated to supporting the growth and development of young people in our community. We offer a wide range of free programs, events, and activities designed to empower youth, foster skill-building, and create meaningful connections within a safe and inclusive environment.

WINTER- SPRING EVENTS

FREE!

For more info, call 925-779-7082
or email youth@antiochca.gov.

Teen Bowling 
JAN 12 | 6-8 PM | 12-18 YRS | DELTA BOWL

Family Paint Night
FEB 9 | 6-8 PM | 12-18 YRS | ANTIOCH COMMUNITY CENTER


Teen Movie Night
MAR 26 | 2-4PM OR 6-8 PM | 12-18 YRS | MAYA CINEMAS

 **Teen Hike**
APR 20 | 9AM | 12-18 YRS | BLACK DIAMOND HILLS

**Priority given to Antioch residents and/or AUSD students.*

CITY OF
ANTIOCH
CALIFORNIA

ANTIOCH COUNCIL OF TEENS



Antioch Council of Teens (ACT) is made up of youth & teens (6th through 12th grade) who want to cultivate change through community service, engaging activities, and civic leadership opportunities—all while having FUN and working together!!

Meetings are the 2nd and 4th Wednesday of the month at 4:30PM and runs all year.

ACT members:

- Serve as representatives for teens in the community.
- Create fun events for teens.
- Participate in leadership opportunities.

Email youth@antiochca.gov for more information.
antiochca.gov/ACT

6th-10th Graders

Afterschool Tutoring

Unlock academic success for your 6th to 10th graders! This comprehensive tutoring program covers all subjects. Don't miss out on this opportunity to boost confidence and excel in studies.

**Priority given to Antioch residents and/or AUSD students.*

Nick Rodriguez Community Center
Mondays & Wednesdays

#10863 1/17-5/22* 4:00PM-6:00PM FREE

**No class 2/12, 2/19*

12-14 Years

Teen Jazz & Hip Hop

Unleash your creativity and groove to the rhythm in our Teen Jazz and Hip Hop class! Join us for a high-energy experience where you'll learn exciting dance moves and express yourself through the vibrant world of jazz and hip-hop music.

**Priority given to Antioch residents and/or AUSD students.*

Nick Rodriguez Community Center
12-14 Years • Mondays & Wednesdays

#10864 1/17-5/22* 3:30PM-5:30PM FREE

**No class 2/12, 2/19*

THE YOCH Teen Internship



INTERNSHIP

Open to teens ages 12-15 years*.
Flexible work schedule from Monday-Friday.

Teens, ages 12-15, can earn money while exploring careers and entrepreneurship, obtaining job skills, and receiving support. All participants must complete at least one community service project during the program—registration is required. Space is limited.

To register, email youth@antiochca.gov
Contact youth@antiochca.gov

**Priority given to Antioch residents and/or AUSD students.*

SPRING Teen Camp

March 25-29
9:00–3:00PM | #10866*
at the Antioch Community Center

College Tour Hiking Fun!

For more information, call 951-941-9070

**Priority given to Antioch residents and/or AUSD students.*



Ages
13-16

HOT LUNCH &
SNACKS SERVED



BUILD ARCHITECTURE INTERNSHIP
Promoting job development skills and expanding opportunities!

This PAID (VIRTUAL) internship is a unique and fun immersion into the world of architecture and design for young adults ages 18-24.

Deadline to apply is March 15.

July 8-August 16

Visit antiochca.gov/BUILD for more information or email youth@antiochca.gov.

Midnight Basketball League

The Midnight Basketball Program, in partnership with Grace Arms, is a dynamic and safe late-night initiative designed to allow Antioch youth (ages 13-17) and young adults (ages 18-25) to engage in positive recreational activities and build valuable life skills through the excitement of basketball. Register today to be a part of a supportive community that empowers young individuals while enjoying the game at the community center.



Antioch Community Center

Boys, Ages 13-17 • Friday Nights • FREE

#10867	1/19-3/15	Workshops: 7-8PM	Games: 8-10PM
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Men, Ages 18-25 • Friday Nights • FREE

#10880	1/19-3/15	Workshops: 8-9PM	Games: 9-11PM
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AUDITIONS

FAME JR

12-18 years old

March 7 & March 8
6:00-8:00PM

March 9
9:00AM-12:00PM

#10868
Nick Rodriguez Community Center

Discover the world of performing arts and follow your dreams by joining our upcoming production of 'Fame Jr.' In partnership with Aspire Youth Engagement Programs, this exciting program offers aspiring young actors and performers (ages 12-18) the chance to shine on stage while building lifelong friendships and honing their talents. Register to reserve your spot to audition and be a part of this unforgettable theatrical journey!

ANTIOCH
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OPEN TO HIGH SCHOOL JUNIORS, SENIORS &
GRADUATING SENIORS

SPRINGBOARD PROJECT

A PAID SUMMER INTERNSHIP PROGRAM FOR YOUTH

June 17-July 26



- GET PAID TO LEARN AND HAVE FUN
- HANDS-ON EXPERIENCE
- GAIN VALUABLE WORK EXPERIENCE
- EXPOSURE TO CAREER PATHS
- CONNECT WITH LOCAL GOVERNMENT



Applications on a first-come, first-served basis.



**DEADLINE TO APPLY:
MARCH 1, 2024**

*Priority given to
Antioch residents
and/or AUSD
students.



For more information visit
antiochca.gov/SpringBoard
or email youth@antiochca.gov

OUTDOOR SPECIAL EVENTS

ANTIOCH
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Events on city streets, in city parks, and at public spaces often require a permit from the Recreation Department. Contact us today with your event details and our staff can guide you on the permit process.

Block Parties are processed by the Antioch Police Department and events on private property are processed by the Community Development Department.

Additional information may be found at: antiochca.gov/recreation/special-event-application

THE FOODIE CREW PRESENTS:

FOOD TRUCK THURSDAYS! ANTIOCH 2024

GREAT FOOD • MUSIC • FAMILY FUN

Every Thursday from **FEBRUARY 1ST** thru **OCTOBER 31ST**

For Food Truck Lineups & To Follow Us:    @FOODIECREWSF



5-9PM @ ANTIOCH COMMUNITY CENTER & WATER PARK (LOT)
4703 Lone Tree Way • Antioch

FOODIECREW.COM

Sponsored in part by The City of Antioch Recreation Department

ANTIOCH HISTORICAL SOCIETY MUSEUM PRESENTS:



BINGO THURSDAYS

Enjoy the game of Bingo? Then mark your calendars! Every Thursday at the Antioch Senior Center, join us for cash bingo with a few special prize games! Doors open at 12:30pm and games go from 1pm-3pm.

EVERY THURSDAY
 GAMES FROM 1PM - 3PM
 415 W. SECOND STREET
 ANTIOCH, CA 94509

BIG PRIZE - GAME - WIN!
 Bingo is open to the public for anyone ages 18+

Holiday Tree Recycling

Two locations for Treecycling Drop-off:
Prewett Community Park
The Antioch Marina

December 30-31, '23
January 6-7, '24
8:00am-5:00pm

Unflocked trees only
 Remove tree stands



 **REPUBLIC SERVICES**

Call Republic Services
(925) 685-4711

Register early—space is limited to the first 120 participants per division.

COACHES NEEDED!



All jerseys, hats, pants, and equipment provided.

FREE SUMMER BASEBALL LEAGUE

FOR BOYS & GIRLS AGES 5-13

The Summer Jr. Giants Baseball League is co-sponsored by the City of Antioch Recreation Department, Antioch Police Activities League and the San Francisco Giants to bring local youth a no-fee baseball program each summer. This league is non-competitive with a strong focus on character and life-skill development.

This league is made possible through the hard work and dedication of the parent volunteers and coaches. Each year we have to limit registrations based on a lack of volunteers. Training and resources are provided for every volunteer. If interested in coaching, please contact Recreation Supervisor Troy Faulk at (925) 779-7075 or tfaulk@antiochca.gov.



Softball offered for girls ages 5-10!

Age Divisions:
 T-Ball (Boys) 5-7Y
 T-Ball Softball (Girls) 5-7Y
 Minors Baseball (Boys) 8-10Y
 Minors Softball (Girls) 8-10Y
 Majors Baseball (Co-ed) 11-13Y

Registration begins on April 1st at gojrgiants.org

(Make sure to select Antioch as your league location).
 Weekday practices begin in June. Games take place on Saturdays, July through August.



Connect with us on Instagram:
 Antioch Library @antiochlibrary
 Prewett Library @prewettlibrary

The Antioch and Prewett libraries continue to offer compelling collections, displays, and innovative programs.

Our regular programs at Antioch Library include programs for children:

- A monthly STEAM program on the 4th Wednesday at 2:30PM
- Monthly bilingual Spanish-English storytime: 3rd Thursday, 11AM
- Weekly storytimes: Thursdays, 11AM

Weekly 'Teen Thursday' Programs, including:

- 1st Thursday Antioch Library Teen Advisory Group sessions at 3:30
- Maker and arts & crafts programs
- Gaming sessions
- Afterschool Movies

Ongoing programs for adults, including:

- The newly formed Antioch Library Puzzle Station—Daily fun for all ages within the library!

- A Chicano Book and Culture Club
- A Mystery Book Club

...and much, much more, including a meeting room at Antioch Library that is available for community groups to reserve.

Please check the Contra Costa County library website for up-to-date listings and information on how to reserve the meeting room at Antioch Library.

ANTIOCH LIBRARY HOURS

501 W. 18th Street
 925-757-9224
 Sun & Mon Closed | Tues 12:00PM–8:00PM
 Wed & Thur 10:00AM–6:00PM
 Fri & Sat 9:00AM–5:00PM



PREWETT LIBRARY HOURS

4703 Lone Tree Way
 925-776-3060
 Tues 10:00AM–7:00PM
 Wed & Thu 12:00–8:00PM
 Fri & Sat 12:00–5:00PM | Sun & Mon Closed

Living with Less Plastic

- Bring your own shopping bag
- Pack your lunch in reusable containers
- Bring your own cup
- Carry a reusable water bottle
- Store leftovers in glass jars
- Skip the plastic produce bags
- Use a cloth not a wipe
- Slow down and dine in
- Say no to disposable straws and cutlery

SUSTAINABILITY LIVES HERE

Water Bill Assistance

Low Income Household Water Assistance Program (LIHWAP)

Need help to keep the water flowing? The State of California may help pay your water and wastewater bills. Visit csd.ca.gov/waterbill to see if you qualify and to apply.

Make Memories in your community!

PARK HOURS: Dawn to Dusk

RESTROOM HOURS:

Daily Nov. 17-Feb. 5 8AM-2:30PM

Daily Feb. 16-Nov. 16 8AM-7:30PM
(including weekends and holidays)

PICNIC RESERVATIONS AT JENSEN FAMILY GROVE

All yours, all day!

Area	Capacity	Full Day Rate (Dawn to Dusk)
#2	70	\$95
#3	50	\$68
#4	40	\$53

Alcohol Use Permit.....\$25

Bounce House Use Permit...\$25



RESERVATIONS & GUIDELINES

For more information, park use guidelines, and application, visit: www.antiochca.gov/recreation/picnic-rentals-permits.

Permits are required to consume alcohol or have

a bounce house/jumpy in all city parks. Two picnic areas may be reserved: Jensen Family Grove and Prewett Grand Plaza. All other picnic areas are first come, first serve.



For questions regarding picnic reservations, please call (925) 776-3050

LONE TREE GOLF & EVENT CENTER



- 18 Hole Public Golf Course
- Lighted Driving Range
- Champion's Bar & Grill
- Large Patio Area for Outside Seating
- Catering
- First Tee Youth Programs



www.lonetreegolfcourse.com
4800 Golf Course Rd. Antioch, CA 94531
(925) 706-4220

Discover Disc Golf at Prewett Community Park

Antioch boasts a disc golf course with the best views and wide-open spaces for all levels of play, whether you are a first-time or seasoned player. The 9-hole disc golf course was designed and installed by a group of dedicated players who wanted to give others the opportunity to play. If you can fling a "frisbee" you can play disc golf. No fee to drop in and play...give it a try!



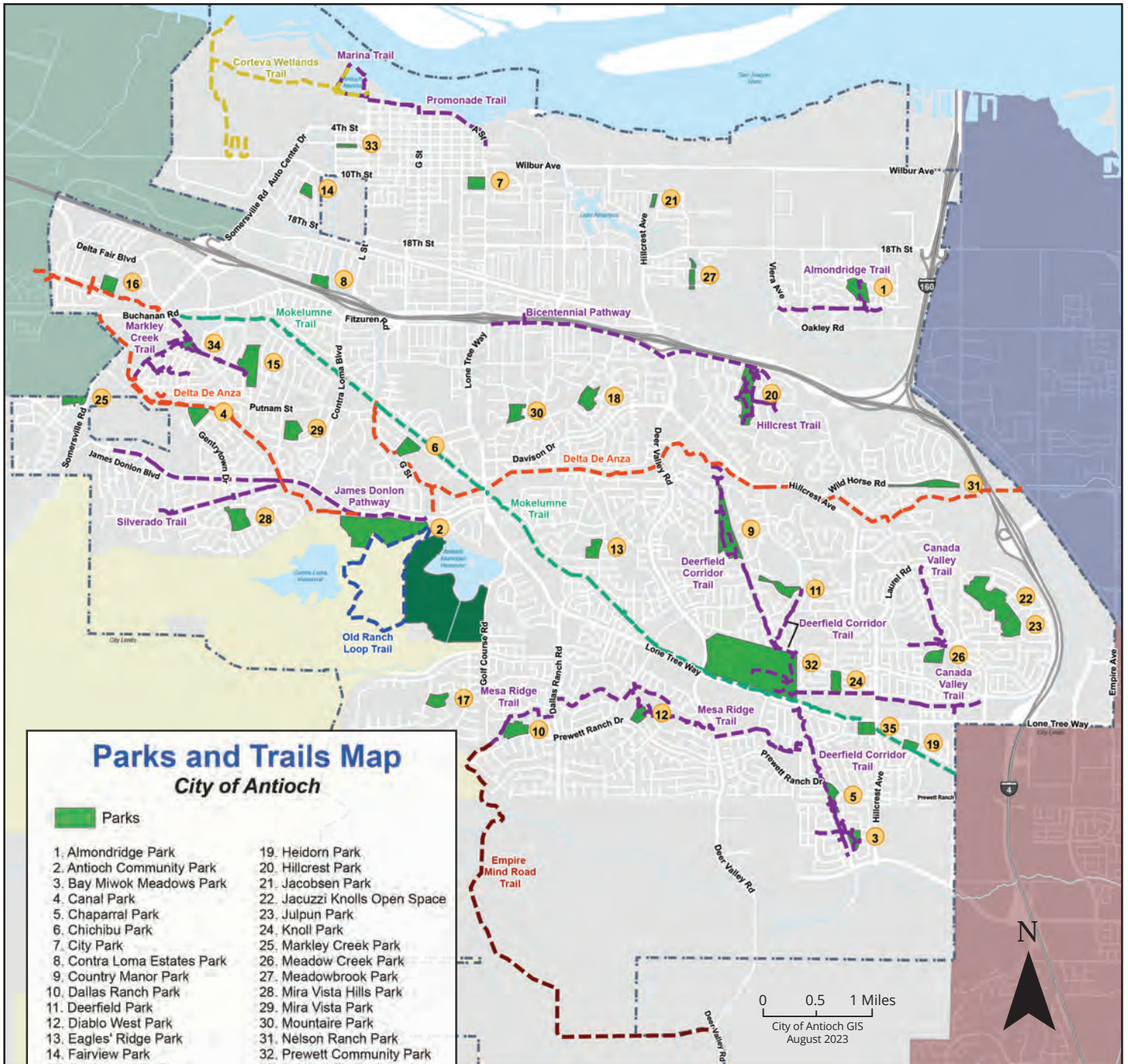
Parks, Places, & Spaces to Get Active in Antioch

TYPE OF PARK FACILITY
 N = Neighborhood
 C = Community
 UC = Under Construction



PARK NAME	LOCATION	TYPE	SIZE (ACRES)	Facilities															
				Barbecue Pits	Baseball/Softball Field(s)	Basketball Court(s)	Exercise Course	Group Picnic Areas	Horseshoes	Picnic Tables	Restroom(s)	Soccer Field(s)	Pickleball Courts	Tennis Courts	Bocce Courts	Volleyball/Sport	Playground	Trails	Dog Park
Almondridge Park	Almondridge Drive & Cashew Street	N	8.6	•	•					•	•	•		•			•		
Antioch Community Park	801 James Donlon Boulevard	C	42.8	•	•			•	•	•	•	•						•	•
Bay Miwok Meadows Park	San Martino Drive & Hillcrest Avenue	N	4.88	•				•		•						•		•	•
Canal Park	Gentrytown Drive & Curtis Drive	N	4.8	•						•	•							•	•
Chaparral Park	Prewett Ranch Drive & Candlewood Way	N	3.96	•		•				•								•	•
Chichibu Park	G Street & Acorn Road	N	6.3	•				•	•	•	•	•		•	•			•	
City Park	W 10th Street & A Street	N	5					•		•	•	•						•	
Contra Loma Estates Park	Mahogany Way & Manzanita Way	N	5			•						•						•	
Country Manor Park	Asilomar Drive near Avila Court	N	21	•	•					•	•	•						•	
Dallas Ranch Park	1137 Prewett Ranch Drive	N	5	•		•				•	•						•	•	•
Deerfield Park	Deerfield Drive & Buckskin Drive	N	3.95	•						•								•	•
Diablo West Park	Prewett Ranch Drive near Mokelumne Drive	N	4.16	•	•	•				•	•							•	•
Eagles' Ridge Park	Eagleridge Drive & Greystone Drive	N	5.4	•	•					•	•							•	
Fairview Park	Crestview Drive & Aster Drive	N	3			•		•		•								•	
Gentrytown Park	Monterey Drive near Palo Verde Way	N	14	•	•					•	•							•	•
Hansen Park	Hansen Drive & Nortonville Way	N	5.55	•		•		•		•	•	•						•	•
Harbour Park	Ashburton Drive & Lindley Drive	N	7.9	•	•			•		•	•			•				•	
Heidorn Park	Vista Grande Drive & Deerspring Way	N	3	•						•	•	•						•	•
Hillcrest Park	Larkspur Drive near Violet Court	N	18	•		•				•	•			•				•	•
Jacobsen Park	Jacobsen Street near Azevedo Street	N	1.3			•				•	•							•	
Jacuzzi Knolls Open Space	Sierra Trail Way & Summit View Way	N	25.51																•
Julpun Park	Sierra Trail Way & Summit View Way	N	8.22	•	•	•		•		•	•							•	•
Knoll Park	Country Hills Drive & Valley Way	N	5	•				•	•	•	•							•	
Marchetti Park	Kendree Street near Carla Court	N	5	•	•					•	•			•				•	•
Markley Creek Park	Summit Way & Heaton Court	N	4.06	•						•	•	•						•	•
Meadowbrook Park	Yellowstone Drive & Geyser Circle	N	2.9	•		•				•							•	•	
Meadow Creek Park	Vista Grande Drive near Canada Valley Road	N	5	•		•				•	•	•						•	
Mira Vista Park	S Francisco Way & Hacienda Way	N	6.8	•	•			•		•	•							•	
Mira Vista Hills Park	Silverado Drive & Glendale Circle	N	9.2	•	•	•		•		•	•	•	•	•				•	
Mountaire Park	Sunset Lane & Danridge Court	N	5.1					•		•	•	•						•	
Nelson Ranch Park	4700 Wild Horse Road	N	9.5	•		•				•	•	•						•	•
Prewett Community Park	4703 Lone Tree Way	C	99	•				•		•	•							•	•
Prosserville Park	W 6th Street & M Street	N	1.6	•		•				•								•	
Village East Park	Gentrytown Drive & Johnson Drive	N	3.77	•						•								•	•
Williamson Ranch Park	Williamson Ranch Drive & Hillcrest Avenue	N	5	•				•		•	•	•						•	
Waldie Plaza	I Street & W 1st Street	C	.89					•											•
*Memorial Field	Off Putnam Street																		

*Collaborated site with Antioch Unified School District, only accessible weekdays after 3pm



ANTI**CH**
CALIFORNIA
OPPORTUNITY LIVES HERE

Registration begins:
MONDAY, DECEMBER 11, 2023

INFORMATION: (925) 776-3050

ONLINE REGISTRATION:

Visit the registration website at
antiochca.gov/register

- 1 Register online for most of our classes and activities.
- 2 Make secure, safe online payments with Visa, MasterCard, Discover or American Express.
- 3 With an online account, you can view family schedules, past receipts, and account credits.

REFUNDS/TRANSFERS

The Antioch Recreation Department is happy to review activity transfer or refund requests. Customers may request a transfer or refund **IN WRITING NO LATER THAN 5 business days** prior to the first day of class. Refund/Transfer Forms are available at the front desk or emails may be sent to recreation@antiochca.gov with the participant name(s), class information, and reason. All refunds are subject to a \$7.00 service charge per activity/class, unless the Recreation Department cancels the class. You will receive email confirmation of your transfer/refund request. Refund policies may be different for swim lessons.

CANCELLATIONS

The City has the right to cancel classes when enrollments have not reached their minimum. Please register early and help us to prevent class cancellations.

We don't like to cancel classes, but sometimes it is necessary before the first meeting when enrollments are low. Your registration might be the one that enables the class to be held.

FEE FOR LATE PICK-UP

Parents agree to pick up their children by or before the scheduled release time. A late fee of \$10 per 5-minute interval **PER CHILD** will be charged. Late fees are payable to the City of Antioch.

RETURNED CHECKS/DISPUTED CHARGE FEE

The City of Antioch charges \$50.00 for any returned or rejected payments. If the Recreation Department is notified that payments have not cleared, a returned item fee will be added to your account.

IT'S EASY TO REGISTER!

Registration is required and is on a first come, first-serve basis. Payment is due at the time of registration. In the event that a class is full, you may choose to be placed on a wait list. Pro-rated credits are not provided for late registrations or missed classes. Please note that we do not accept registrations or payments by phone or fax.

In-person registration

Monday–Friday from 8:30AM–5:00PM

Antioch Community Center

4703 Lone Tree Way, Antioch, CA 94531

- 1 In-person registration with over-the-counter confirmation. Cash, check, and credit cards are accepted.
- 2 Drop Box—for your convenience, if paying by check, you can drop your Registration Form at our outdoor drop box located at 4703 Lone Tree Way.
- 3 Checks are made payable to the City of Antioch and must be pre-printed with customer information.

Please note that we have eliminated online convenience fees!



REGISTER EARLY—DON'T MISS OUT!

SCHOLARSHIP/FEE ASSISTANCE PROGRAM

Financial assistance to participate in Recreation classes and activities is available through our Scholarship and Fee Assistance programs. Information and applications are available at antiochca.gov/RecFinancialAssistance and at the Antioch Community Center, 4703 Lone Tree Way, Monday-Friday, 8:30am-5:00pm. For more information on Youth Scholarships, call (925) 776-3050 and for Adult 50+ Fee Assistance, call (925) 779-7074.

COMMUNITY ORGANIZATIONS

Antioch Bocce Federation	shortant66@sbcglobal.net
Antioch Historical Society	925-757-1326
Antioch Youth Sports Complex	925-478-1464
Big Break Regional Shoreline	510-544-3050
Black Diamond Mines	510-544-2750
Boy Scouts of America	925-674-6100
Chamber of Commerce	925-757-1800
Contra Costa Child Care Council	925-778-5437
Contra Costa Event Park	925-757-4400
Contra Loma Regional Park	888-327-2757
Delta Veterans Group	geraldwilson1971@gmail.com
El Campanil Theatre	925-757-9500
Family Justice Center	925-281-0970
First 5 Contra Costa	925-771-7300
Girl Scouts of America	800-447-4475
Library—Antioch Downtown	925-757-9224
Library—Prewett Branch	925-776-3060
REACH	925-754-3673
Rubicon Programs	925-399-8990
Special Olympics of No. California	925-944-8801
Tri Delta Transit	
Dial-A-Ride	925-754-3060
Fixed Routes	925-754-4040
Administration	925-754-6622
The Drama Factory	925-695-4123

ELECTED OFFICIALS

Assemblymember	
Timothy S. Grayson	925-521-1511
Congressman Mark DeSaulnier	925-933-2660
District III CCC Supervisor	
Diane Burgis	925-655-2330
District V CCC Supervisor	
Federal Glover	925-608-4200
Senator Steve Glazer	925-258-1176

CITY OF ANTIOCH SERVICES & DEPARTMENTS

Recreation Department	
Antioch Community Center	925-776-3050
Nick Rodriguez Center	925-779-7076
Antioch Water Park	925-776-3070
Antioch Senior Center	925-779-7074
Nutrition Program	925-727-5236
City Attorney	925-779-7015
City Clerk	925-779-7009
City Manager/City Council	925-779-7011
City Treasurer	925-779-7005
Community Development	
Planning	925-779-7035
Building Inspection Services	925-779-7065
Code Enforcement	925-779-7042
Economic Development	925-779-7012
Finance	925-779-7055
Business License	925-779-7059
Water Service	925-779-7060
Human Resources	925-779-7020
Police Department	925-779-6900
Emergency	9-1-1
Non-Emergency	925-778-2441
Animal Services	925-779-6989
Public Safety & Community Resources	
Office	925-779-7082
Environmental Sustainability	925-779-6137
Housing	925-779-7037
Unhoused Resident Services	925-779-6893
Youth Services Network	925-779-7077
Public Works	925-779-6950
Development Engineering	925-779-7080
Park Maintenance/Landscaping	925-779-6950
Marina	925-779-6957
RV Storage	925-779-6950



Opportunity
soars here.



"THIS EARTH DAY TO ARBOR DAY"

KEEP ANTIOCH BEAUTIFUL



APRIL 20, 2024

Check-In: 9AM Cleanup: 9:30-11:30AM

Free Lunch for Volunteers: 12-1pm

For more information visit: antiochca.gov/keep-antioch-beautiful

THIS YEAR'S Services



Planting
Flowers #10874
ANTIOCH WATER PARK



Trash
Cleanup #10875
AT WALDIE PLAZA



Planting
100+ trees #10876
ON ARBOR DAY



PRSRST STD
U.S. Postage
PAID
Permit # 14
Antioch, CA
ECRWSS

Residential Customer

FOLLOW US ON SOCIAL MEDIA:  antiochrecreation  antiochrec_ca

NOW HIRING

JOIN OUR TEAM

APPLY NOW:

-  **Antioch Community Center**
4703 Lone Tree Way, Antioch
-  antiochca.gov/recreation
-  (925) 776-3050



Recreation Leader II
rate \$18+ | Part-time
16-20 hours per week
weekdays

- Preschool Teacher

Recreation Leader I
rate \$15.50+ | Part-time
hours vary by position
days, nights, weekends

- Youth Programs & Camp Leaders
- Special Events
- Sports Coaches & Referees
- Scorekeepers
- Concessions
- Maintenance
- Field Prep

Lifeguard
rate \$16.53+ | Part-time

- Get American Red Cross certified
- Flexible Schedule
- Keep your community safe
- Great experience in medical and recreation fields

Swim Instructor
rate \$16.53+ | Part-time

- Teach children and adults
- Spend your days in the water
- Improve your swimming skills
- Great experience for future teachers

Program Specialist
rate \$21+ | Part-time
16-20 hours per week
days, nights, weekends

High school applicants must be eligible for a work permit.

