

## **REGULAR MEETING**

### **AUSD/CITY OF ANTIOCH STANDING COMMITTEE MEETING**

Thursday, June 23, 2022, 5:30 PM

City of Antioch Council Chambers

200 H Street, Antioch, CA 94509

#### **A. Opening Items**

- a. Roll Call
- b. Flag Salute

#### **B. Consent Items**

- a. Approve Standing Committee Minutes of April 28, 2022

#### **C. Old Business**

- a. Traffic & Pedestrian Safety Update by John Samuelson, City of Antioch Public Works Director
  - i. Signage and Striping Improvements to Address Safety of the Traveling Public in and Around School Sites

#### **D. New Business**

- a. AUSD Wellness Wheel Presentation

#### **E. Public Comments**

#### **F. Future Agenda Items**

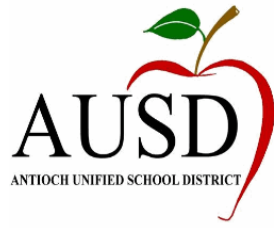
- a. Joint Agency Training (AUSD/City of Antioch)

#### **G. Future Meeting Dates**

- a. Dark in July and August, resume September 22, 2022 at 5:30PM

#### **H. Adjournment**

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**REGULAR MEETING  
AUSD/CITY OF ANTIOCH STANDING COMMITTEE MEETING  
MINUTES**

Thursday, April 28, 2022, 5:30 PM  
City of Antioch Council Chambers  
200 H Street, Antioch, CA 94509

**A. Opening Items**

**a. Roll Call**

A quorum was achieved at 5:53PM.

Committee Members Present: Council Member Lori Ogorchock (D3), AUSD Trustee Mary Rocha, Council Member Tamisha Torres-Walker (D1) arrived at 5:53PM. AUSD Trustee Dr. Clyde Lewis arrived at 6:25PM.

Staff Present: AUSD Director of Secondary Schools Lindsay Wisely, Assistant City Manager Rosanna Bayon Moore, Public Works Director John Samuelson, Parks & Recreation Director Brad Helfenberger.

**b. Flag Salute**

**B. Consent Items**

**a. Approve Standing Committee Minutes of March 31, 2022**

Motion: Approve the Standing Committee Minutes of November 4, 2021.

Motion by Trustee Rocha; seconded by Council Member Ogorchock. Motion carried 3-0-1 with Trustee Lewis absent.

**C. Old Business**

**a. None.**

**D. New Business**

**a. Received joint presentation by Lindsay Wisely, AUSD Director of Secondary Schools and Brad Helfenberger, City of Antioch Parks & Recreation Director regarding Upcoming Summer 2022 Opportunities**

- i. The committee expressed interest in future opportunities to collaborate and jointly promote activities available to Antioch residents, AUSD students and families. Interest was expressed in greater public pool access, community programming such as public swimming lessons at Antioch High School and efforts to address food security through the summer months. Transportation issues were discussed as it relates to impediments north end residents experience with reference to accessing the Water Park. Youth bus passes via Tri Delta, as well as potential establishment of free shuttle services from North Antioch to the Water Park were discussed. Consensus was established as it relates to future**

cooperation. The need for cost sharing was stated.

**E. Public Comments**

- a. None.

**F. Future Agenda Items**

- a. Joint Agency Training (AUSD/City of Antioch)
- b. Wellness Wheel Mental Health Presentation

**G. Future Meeting Dates**

It was the consensus of the body to meet on May 26, 2022 and June 23, 2022 then go dark in July and August.

**H. Adjournment**

The meeting adjourned at 6:52PM.

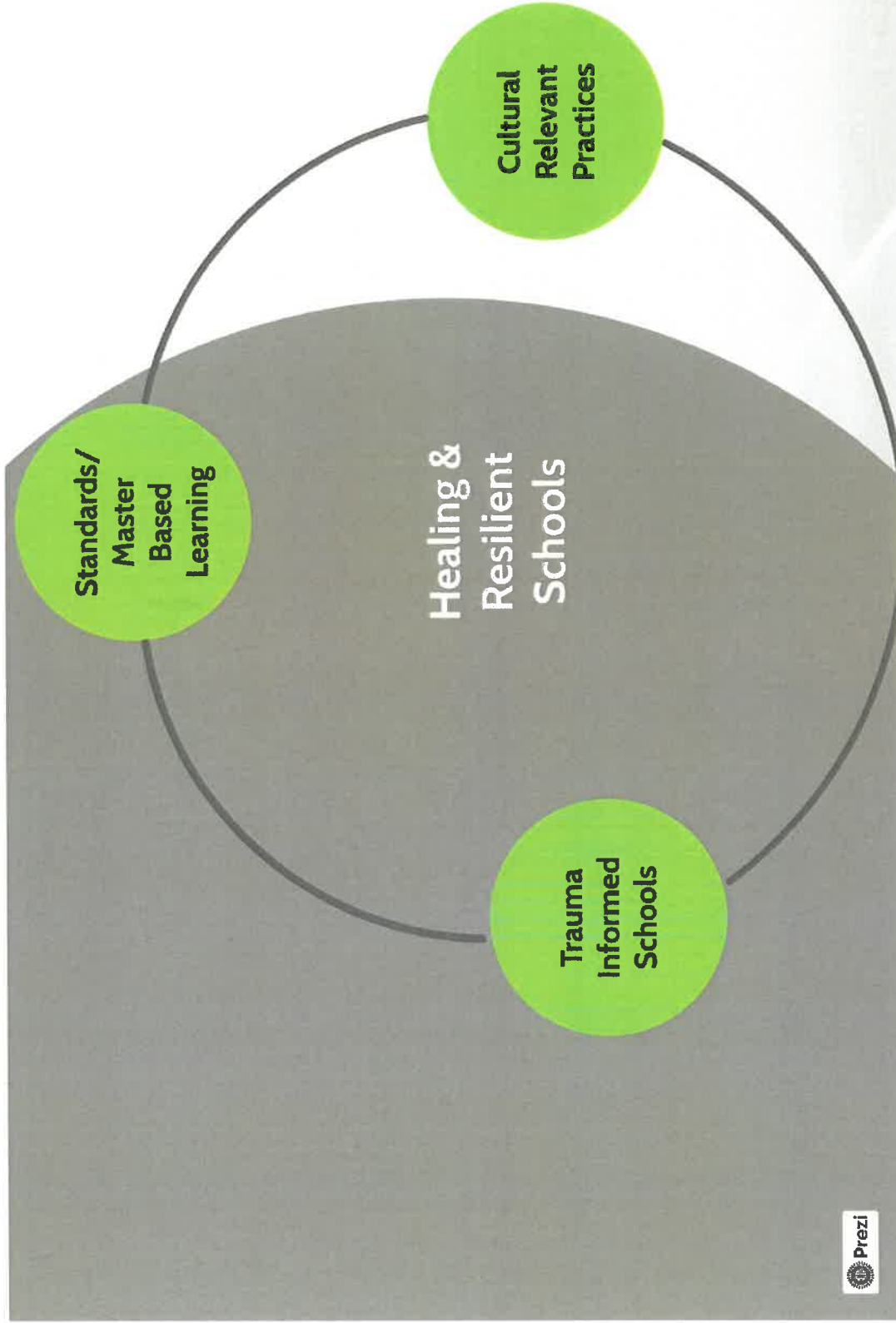
Motion: Adjourn the meeting.

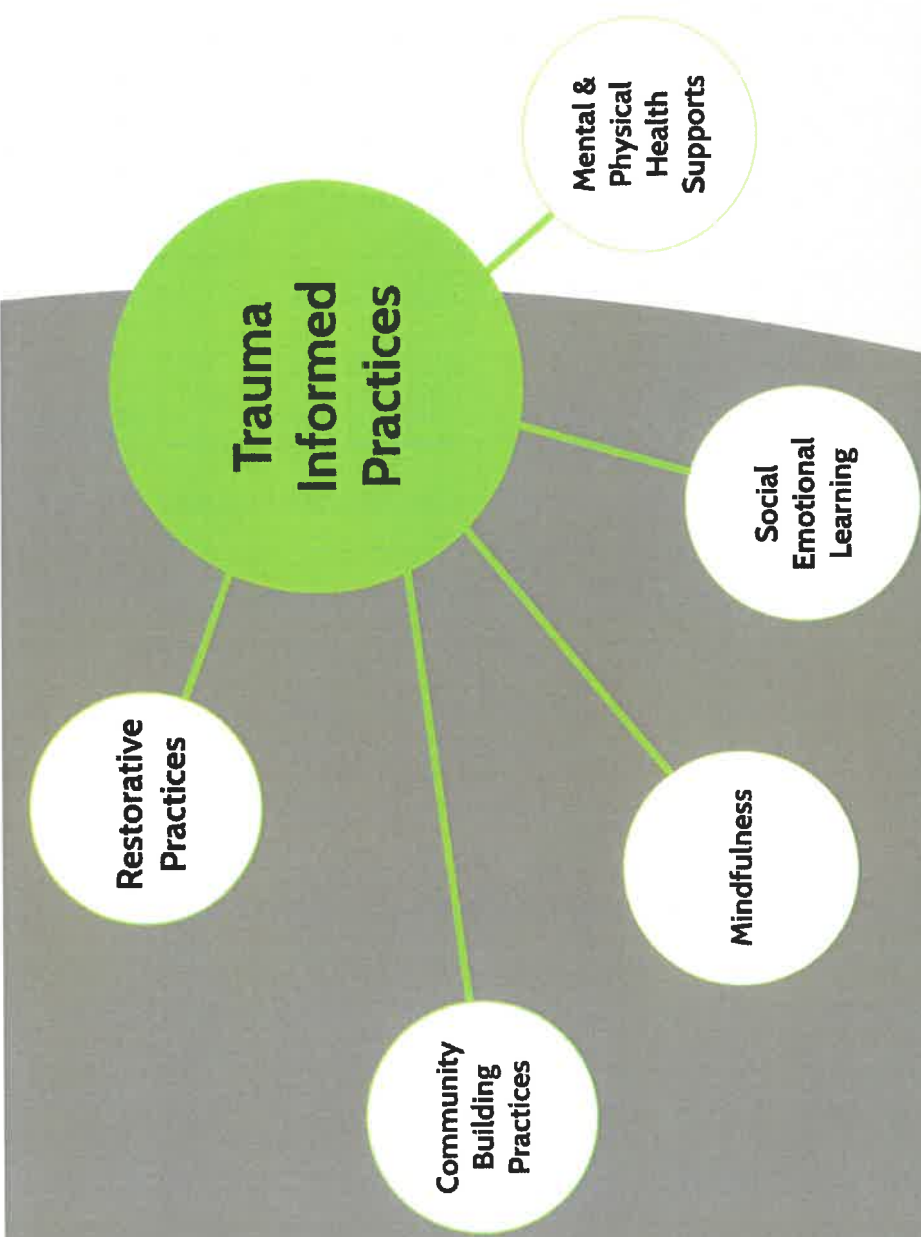
Motion by Trustee Rocha; seconded by Trustee Lewis. Motion carried 4-0.

# AUSD Wellness Wheel

## At Park Middle School

Healing &  
Resilient  
Schools





# **Trauma Informed Practices**

Park's Organizational Foundation

Trained through Sanctuary Institute in  
2016/2017

Organizational Values

- Democracy in Decision Making
- Safety
- Emotional Intelligence
- Social Responsibility



CARE Team

# *Children Accessing Resources in Education*

Comprised of Administrators, Teachers  
Counselors, Psychologists, and  
Community Partners

Creating family and community  
connection

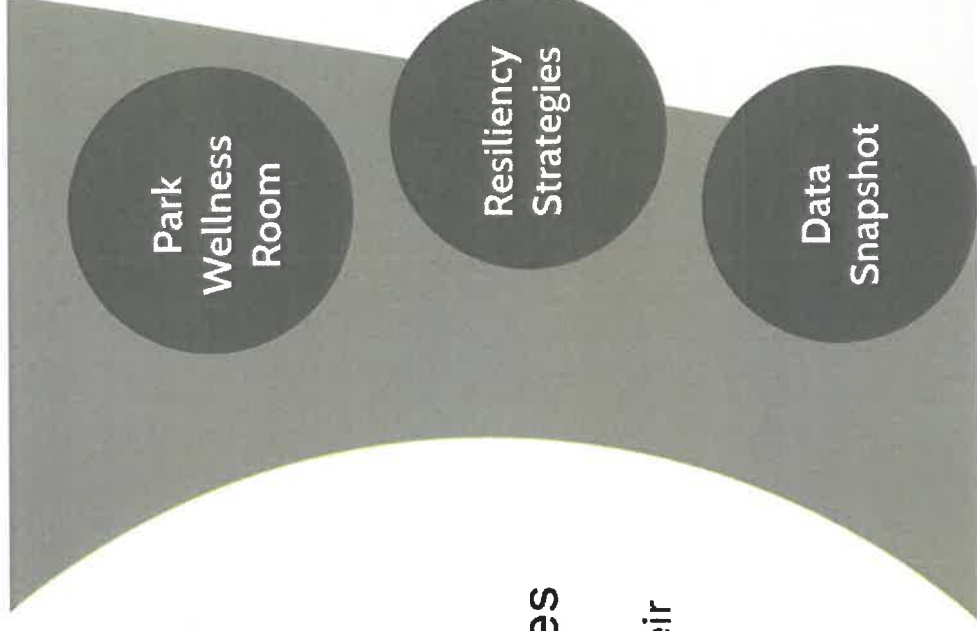
Individualized interventions



## **Social Emotional Learning**

### **Wellness Room:**

- Students can be referred by a staff member or refer themselves
- Teaching students to understand their emotions and learn coping skills



# Wellness Room



# 10 Minutes to:

Chill Out

Talk It Out

Mindful Moment

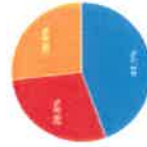


# Wellness Room Data

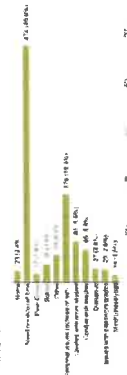
Class period  
958 responses



Grade  
958 responses



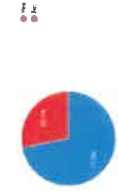
Response by sex  
958 responses



Response by grade  
958 responses



Response by sex  
958 responses



# **Mindfulness**

School Wide Mindfulness after 5th  
Period Daily

Teaching Stress Resiliency  
Techniques

Staff Training through Niroga  
Institute

## **Restorative Practices at Park:**

Ongoing Restorative conferencing

Conflict resolutions through  
restorative practices - we try to  
restore relationships when students  
have conflicts.

## **Mental Health Focus**

Funding allocated to provide 2 full time Lincoln Mental Health Clinicians at Park

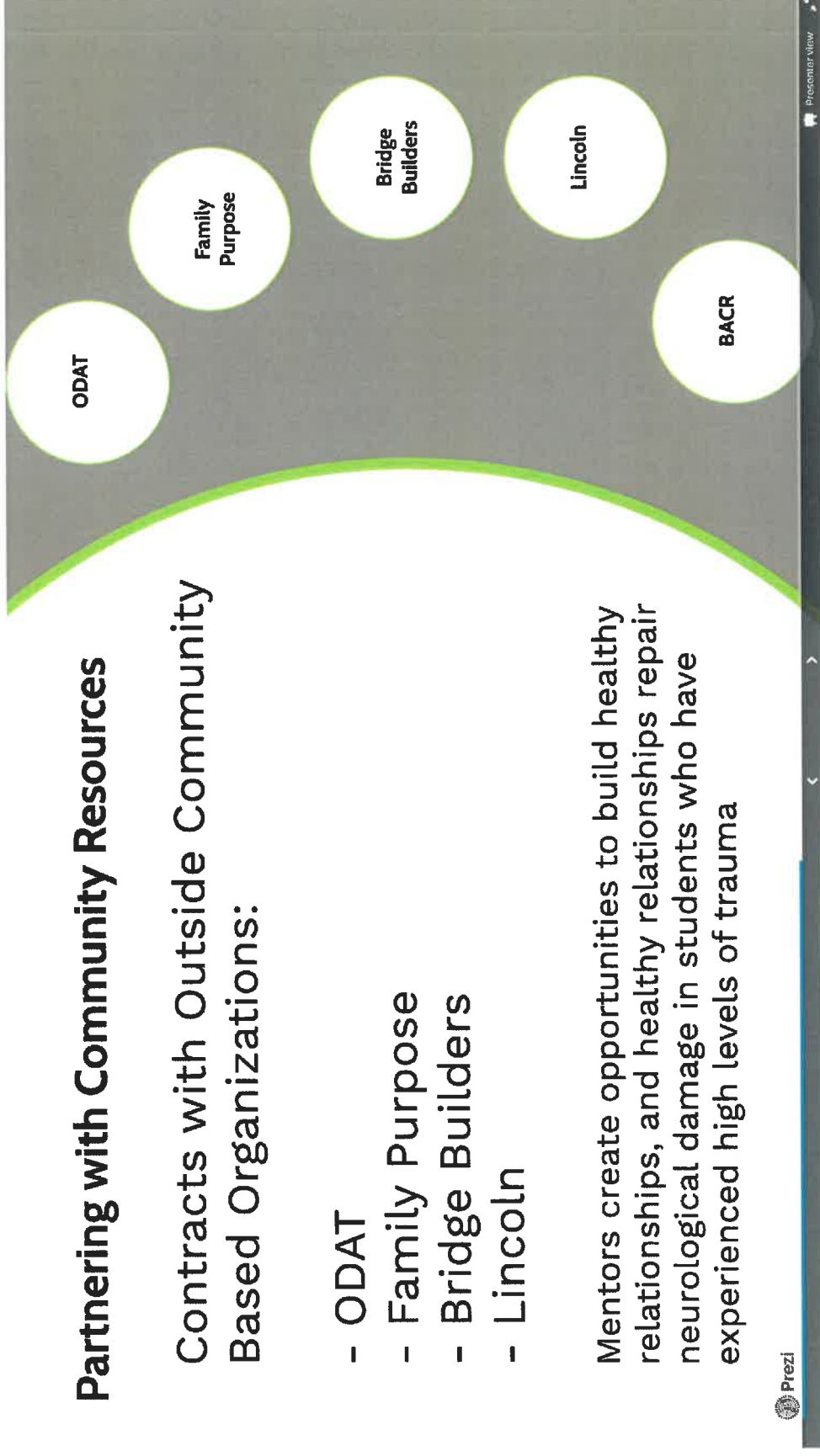
- Caseloads of 18 students each
- Office hours for staff weekly
- Triple P Parenting Classes
- Summer engagement with students on caseload

# Partnering with Community Resources

## Contracts with Outside Community Based Organizations:

- ODAT
- Family Purpose
- Bridge Builders
- Lincoln

Mentors create opportunities to build healthy relationships, and healthy relationships repair neurological damage in students who have experienced high levels of trauma





# One Day at a Time

After school Group averaging 30+ student

- ODATS Youth Leadership Embedded Curriculum
- Connecting Youth to the community
  - Bringing Park students to work events in the surrounding communities
  - Exposing students to life outside of their community (SF, Disneyland, ect...)

## Family Purpose

- Emotional Support
- Academic Tutoring and
- Academic Skills Development
- Community Service Opportunities
- Support Groups
- Teacher Support

Case load - 52

- Counseling Numbers – 759 1:1 sessions
- Conflict Mediation Numbers - 21
- Outreach Days: iAmHer Girls Empowerment 2 sessions and The Black College Expo Presentation

# Bridge Builders

- Provides after school tutoring
- Mentoring
- In class observations

## 6th Grade

Number of students - 11

Students after school attendance - 95%

## 7th Grade

Number of Students - 12

Students After school attendance - 80%

## 8th Grade

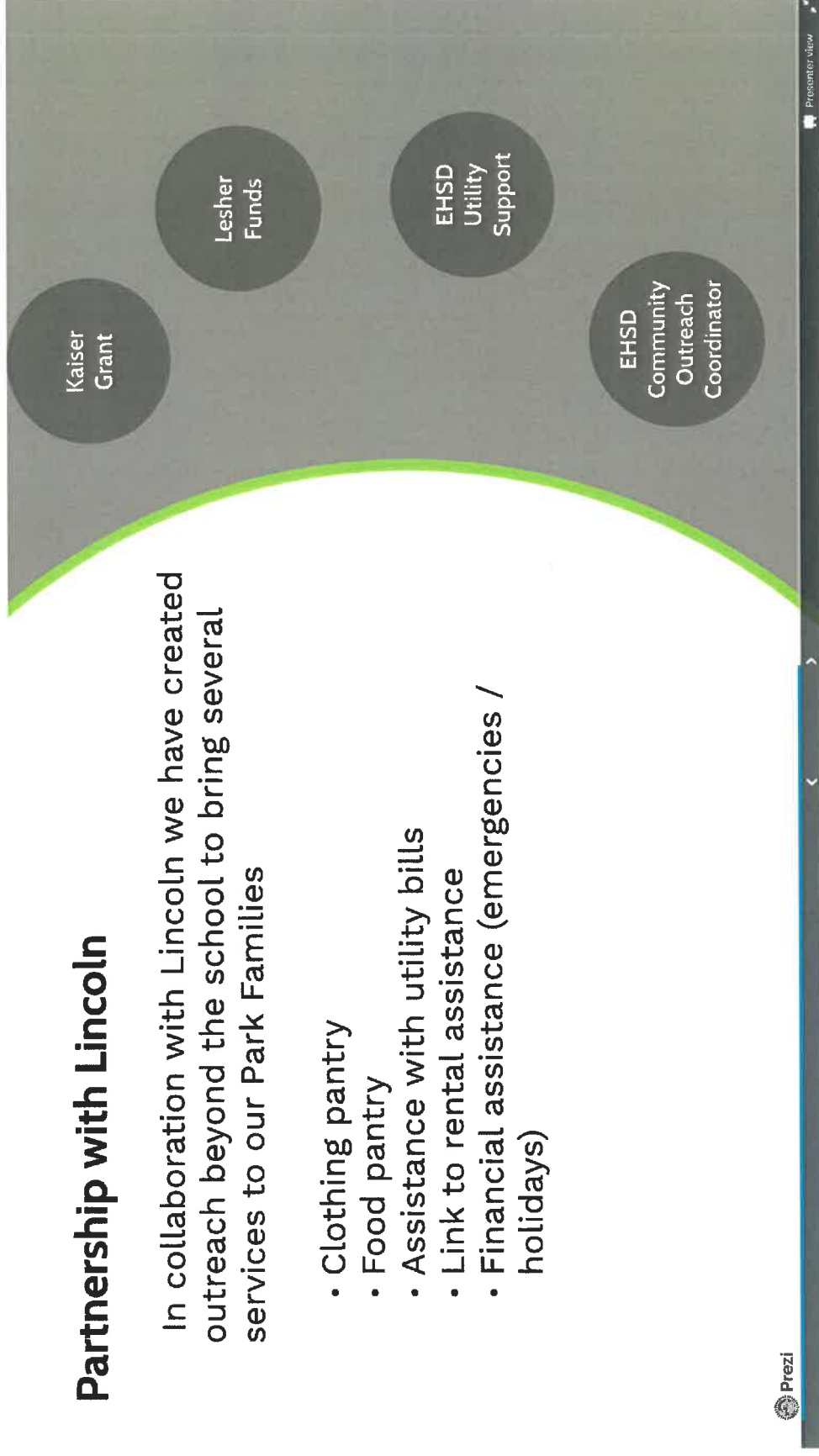
Number of Students - 16

Students After school attendance - 66%

## Partnership with Lincoln

In collaboration with Lincoln we have created outreach beyond the school to bring several services to our Park Families

- Clothing pantry
- Food pantry
- Assistance with utility bills
- Link to rental assistance
- Financial assistance (emergencies / holidays)



# Staff Mental Health Support

- Provide Mental Health Services on campus for staff
- Lincoln Clinician will have 1 hour open Office Hour a week for staff to check-in and receive consultation for self-support or consultation on how to support students struggling with behavior in class.
- Current Support hour is Wednesday at 3:00 pm

# Community Outreach for Spanish Speaking Families

- 2 days on site
- Attend all CARE Meeting
- Triple P for Spanish Speaking Families

# Utility Support

- Provided families support to pay utility bills (\$23,000 for Park Families this school year)

## Full Time Community Outreach Coordinator

- Provide School Community with resources (Family Centered)
- Provide Triple P Parenting classes/ Workshops
  - o Three cohorts this year
- Next year's focus will be on engaging fathers



## Bay Area Community Resources

Contracted through AUSD, at Park  
BACR serves:

50 students after school until 6:00  
pm (Currently a wait list of 42)

Enriching students educational  
educational experience

Janet Barnes is a true Rock Star!!!!

Lawrence  
Hall of  
Science  
Partnership

Lawrence  
Hall Of  
Science  
Partnership

# Showcase at Lawrence Hall of Science

- \* Park ASP 2020-2021 students displayed video news interviews and PowerPointPoints on COVID - 19.
- \* Park ASP 2021-2022 students displayed COVID 19 artworks
- \* Family Day at LHS 62 students and their families were invited to LHS to spend a day to view their works on exhibit



