

DEFENSIVE TACTICS OUTLINE

APD 03/02/22 – 03/09/22

1. Stretch / Preliminary Discussion

- a. The group will be stretched out and will be introduced to the positional and will be briefed on proper use of force transitions.

2. Baton / Impact Weapons

- a. Officers will review proper baton strikes, impact zones and use of the baton.
- b. Officers will be trained on proper force options and force transitions.

3. Scenarios

- a. Officers will be met with various scenarios where they will have to recognize proper force options, transition to force options and communicate with other officers.
- b. A debrief will occur after each scenario.

4. Headlock Escape to Handcuffing

- a. Officers will be shown how to properly defend themselves after being placed in a headlock.
- b. The officer will control the suspect and conduct a takedown.
- c. The officer will break the headlock grip and conduct a proper handcuffing technique from this position.
- d. Positional asphyxia will be spoken about and warned against. The officers will be shown how to properly handcuff while guarding against the risk of positional asphyxia.

5. Weapon Retention from Guard Position

- a. Officers will be shown how to properly defend themselves from the guard position (officer on his/her back).
- b. The suspect will grab the officer's gun and the officer will transition to retaining the weapon and placing suspect in a shoulder lock control hold.
- c. The officer will give commands the entire time and will seek compliance from the suspect.