

## WEEKLY ACTIVITIES

### MONDAY

8:15-9:15am	<i>Adv. Exercise Class</i>
8:30am-3:30pm	<i>Billiards</i>
9:00-11:00am	<i>Arts &amp; Crafts</i>
9:30-10:30am	<i>Int. Exercise Class</i>
10:30-11:15am	<i>Beg. Exercise Class</i>
12:00-3:00pm	<i>Painting Class</i>
1:00-3:00pm	<i>Bingo</i>

### TUESDAY

8:30-11:30am	<i>Cards</i>
8:30am-3:30pm	<i>Billiards</i>
9:00-11:30am	<i>Social Quilting</i>
9:30-10:00am	<i>Yoga</i>
10:00-11:00am	<i>Hula Dance</i>
10:00-11:00am	<i>Tai-Chi</i>
1:00-3:00pm	<i>Social Knitting &amp; Crocheting</i>
12:30-4:00pm	<i>Poker</i>

### WEDNESDAY

8:15-9:15am	<i>Adv. Exercise Class</i>
8:30am-3:30pm	<i>Billiards</i>
9:30-10:30am	<i>Int. Exercise Class</i>
10:00am-11:30am	<i>Ukulele Class</i>
10:30-11:15am	<i>Beg. Exercise Class</i>
11:30am-3:00pm	<i>Painting Class</i>

### THURSDAY

8:30-11:30am	<i>Cards</i>
8:30am-3:30pm	<i>Billiards</i>
9:30-11:30am	<i>Jewelry</i>
9:30-10:00am	<i>Dance Aerobic</i>
10:00-11:00am	<i>Cane Do Class</i>
10:00-11:30am	<i>Line Dance</i>
1:00-3:00pm	<i>Bingo</i>

### FRIDAY

8:15-9:15am	<i>Adv. Exercise Class</i>
8:30-3:30pm	<i>Billiards</i>
9:30-10:30am	<i>Int. Exercise Class</i>
10:30-11:15am	<i>Beg. Exercise Class</i>
12:30-4:00pm	<i>Poker</i>
1:30-3:00pm	<i>Reader's Theater</i>