










APRIL 2019

C.C. CAFE

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Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Meatballs w/Mushroom Sauce over Buttered Noodles * Stewed Tomatoes Tender Green Beans Butterscotch Pudding (Diced Pears) 	Turkey Dinner w/Gravy * <u>Broccoli and Carrots</u> * Mashed Potatoes Stuffing Cranberry Sauce Chilled Peaches	 Vegetarian Bean Burrito w/Red Sauce & Cheese Mexicali Corn * <u>Steamed Spinach</u> Tossed Green Salad w/Ranch Dressing Seasonal Fresh Fruit	<u>COLD PLATE</u> Waldorf Chicken Salad on Mixed Greens Split Pea Soup Marinated Beets & Onions Garden Pea Salad Roll w/Butter * Fresh Orange	Breaded Pollock Fillet Chicken Orzo Soup * <u>California Blend</u> Herbed Rice * Creamy Coleslaw Tartar Sauce Pineapple Chunks
8	9	10	11	12
<u>BRING A BUDDY TO BRUNCH!</u> <u>NEW ITEM!</u> Cheese Omelet w/Salsa Pork Sausage * Roasted Red Potatoes * <u>Steamed Spinach</u> Muffin (Applesauce)	Beef Sukiyaki over Brown Rice <u>Vegetable Bean Medley</u> Mixed Green Salad w/Honey Mustard Dressing * Tropical Fruit 	Tuna Casserole Au Gratin <u>Sliced Carrots</u> * <u>Broccoli Florets</u> Lemon Cream Pie (Fruit Cocktail)	Pot Roast w/Gravy <u>Mixed Vegetables</u> * Baked Potato w/Butter Tossed Green Salad w/1000 Island Dressing Seasonal Fresh Fruit	<u>COLD PLATE</u> Chicken Caesar Salad (Mesquite Chicken, Parmesan Cheese, Romaine Lettuce, Cherry Tomatoes, Croutons) Hearty Vegetable Soup 4 Bean Salad Dinner Roll w/Butter Caesar Dressing * Citrus Fruit Cup
15	16	17	18	19
Baked Ziti w/Ground Turkey w/Parmesan Cheese <u>Italian Vegetables</u> Mixed Green Salad w/Creamy Italian Dressing * Mandarin Oranges	<u>COLD PLATE</u> Mock Crab Salad Sandwich Lentil Soup * <u>Marinated Veggie Salad</u> Garden Pea Salad Lettuce, Tomato & Onion French Bread Seasonal Fresh Fruit	Salisbury Steak w/Onion Gravy Tender Green Beans * Garlic Mashed Potatoes Strawberry Gelatin w/Mixed Fruit (Diet Strawberry Gelatin w/Mixed Fruit)	Buffalo Chicken Drumsticks Broccoli Cheddar Soup <u>Carrot & Celery Sticks</u> * Potato Salad Ranch Dressing Big Cookie (Fresh Fruit) 	Spinach & Mushroom Alfredo Pasta w/Parmesan Cheese * Orange Juice <u>Vegetable Bean Medley</u> Tossed Salad w/Balsamic Vinaigrette Seasonal Fresh Fruit
22	23	24	25	26
<u>EASTER CELEBRATION</u> <u>COLD PLATE</u> Spring Shrimp Salad on Lettuce Leaf Potato Leek Soup * <u>Broccoli</u> , Bell Pepper, Onion, Raisin & Pasta Salad * Citrus Fruit Cup Dinner Roll w/Butter Pistachio Fluff (Fresh Fruit)	Chicken & White Bean Chili Apple Juice <u>Capri Vegetables</u> * <u>Spinach Salad</u> w/Champagne Vinaigrette Cornbread w/Butter Banana 	BBQ Pulled Pork on Bun Corn Chowder * <u>Sweet Potato Fries</u> * Mixed Cabbage Salad w/Poppy Seed Dressing Cinnamon Applesauce	 All American Hot Dog w/Cheese & Onions Baked Beans * <u>California Vegetables</u> Catsup, Mustard, Relish Bun Fresh Fruit 	Tahitian Chicken Thigh * <u>Broccoli</u> & Cauliflower Florets Fried Rice Mixed Green Salad w/Sesame Dressing Fortune Cookie (Fresh Fruit)
29	30			
Chicken Fajita w/Peppers & Onions, Salsa and Flour Tortilla Whole Kernel Corn <u>Vegetable Bean Medley</u> * Mandarin Oranges	Macaroni & Cheese w/Ham * Stewed Tomatoes * <u>Broccoli Spears</u> Mixed Green Salad w/1000 Island Dressing Raspberry Gelatin w/Peaches (Diet Raspberry Gelatin w/Peaches)			

 = Item is higher in sodium
 * = Vitamin C
 _ = Vitamin A
 () = Dessert of Choice
 All meals served w/low fat milk.



DELICIOUS DECISIONS! DON'T FORGET TO STOP BY FOR OUR SPECIAL EVENT MEALS ON APRIL 8 AND 22.

4 DAILY ALTERNATIVE CHOICES: CHEESEBURGER OR GARDEN BURGER, CHEF'S SALAD OR SEAFOOD LOUIE SALAD!